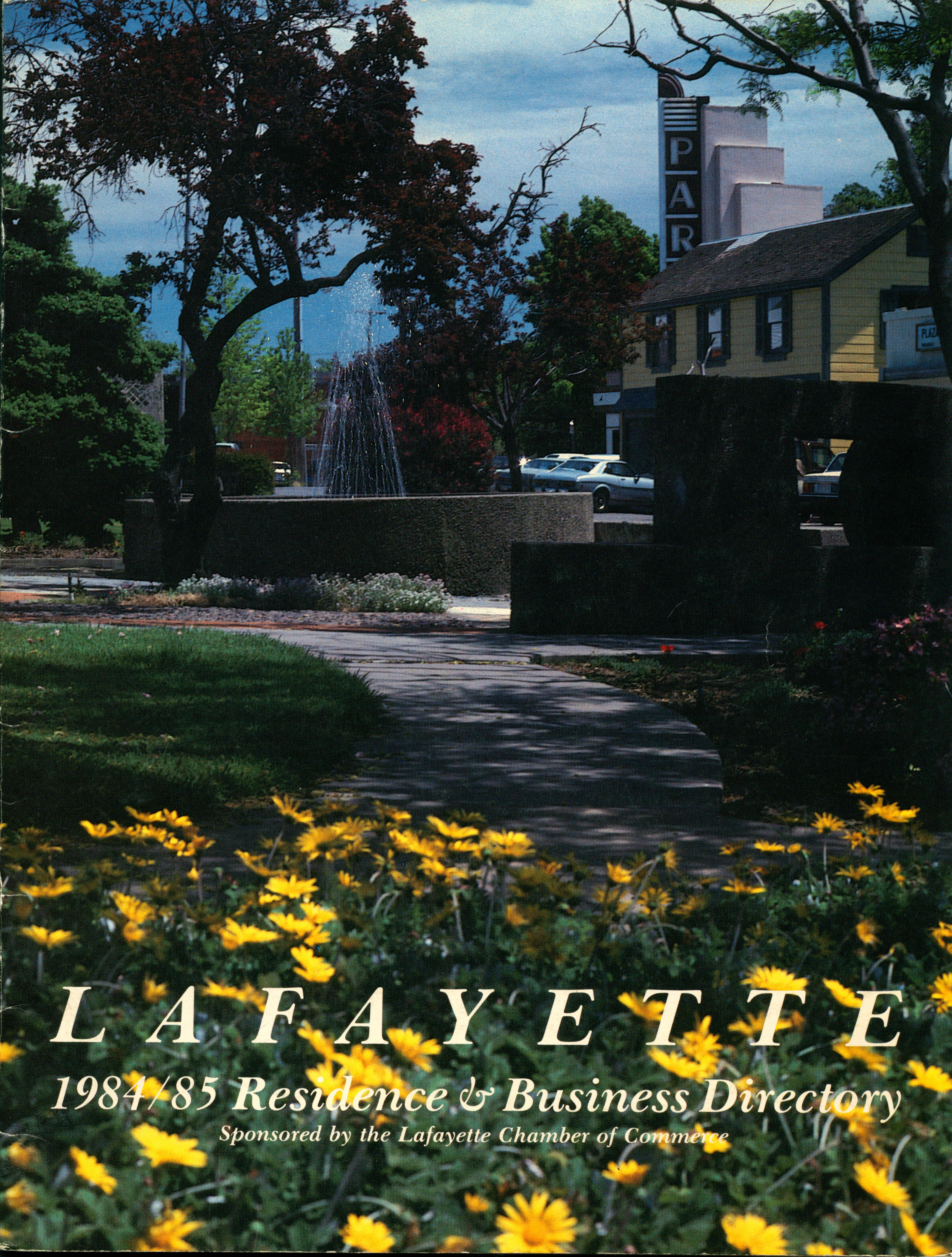

LAFAYETTE

1984/85 Residence & Business Directory

Sponsored by the Lafayette Chamber of Commerce

Mom My bike tire fix it
Pacific Telephone
415 621-6161
PG and E
Pacific Gas and Electric
Name
Address
PAY BILLS!
~~GROCERY SHOPPING~~
PICK UP GRANDMA FOR LUNCH
GARDEN SALE
PICK UP KIDS AT 3 (PARTY)
Don't forget
PTA THURS. NITE-CALL SITTER
WINDOWS NEED CLEANING
GET GARDEN READY FOR PLANTING
Sarah's bike has a flat tire
SOCCER PRACTICE STARTS SAT.

Need Help With Your Work at Home?

Our live-in college students can help you or a friend in lots of ways—gardening, errand running, house sitting, housecleaning, companionship for an elderly person, even after-school child care. If we can help, just give us a call.

College Connection SM 652-7701

Homes for Students, Help for Homeowners

2021.26.01

Lafayette
GARDEN COURT
Restaurant

415-284-1711
3500 GOLDEN GATE WAY
LAFAYETTE, CALIFORNIA 94549

Mother Cupboards

Decorative Kitchenware
3579 MT. DIABLO BLVD.
LAFAYETTE 283-4866

The Shelves Are Never Bare
At Mother Cupboards
The Kitchen is the very Center of our Home.
Treat it with Love. Make it a Happy Place to be in.

Come and See Our Sunshine

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&
GRADING**

CALIFORNIA STATE LICENSE NO. 334351

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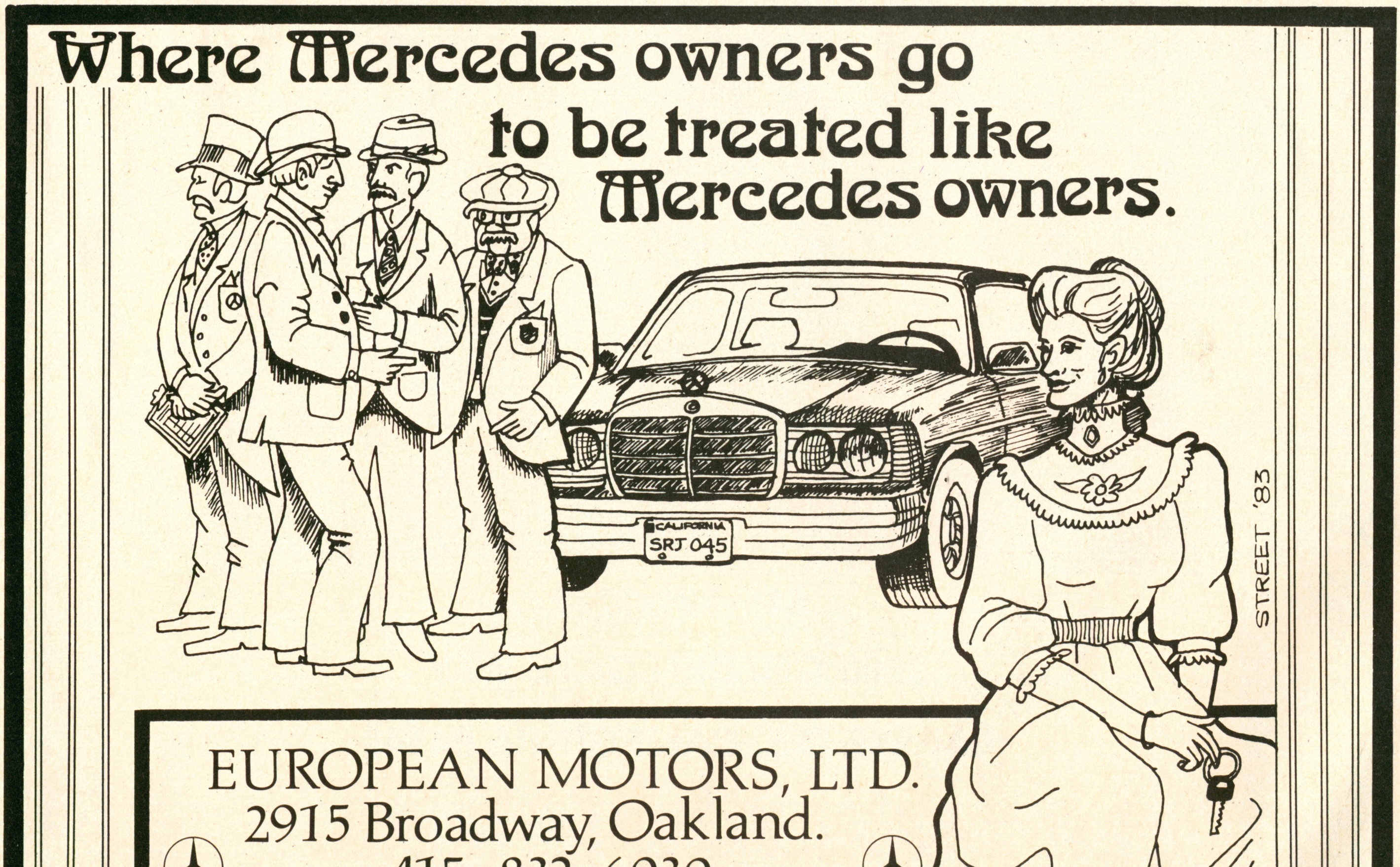
- PARKING AREAS
- NEW CONSTRUCTION AND RESURFACING

GARY LUCAS
1035 BLACKWOOD LANE
LAFAYETTE, CA 94549

284-7550


Where Mercedes owners go
to be treated like
Mercedes owners.
CALIFORNIA
SRJ 045
STREET '83

EUROPEAN MOTORS, LTD.
2915 Broadway, Oakland.
415: 832-6030

Table of Contents

Chamber Letter 5
History of Lafayette 6
City & County Government 8
Public & Government Information 9
Lafayette Chamber of Commerce 13
Medical Facilities & Emergency Numbers 14
Educational Opportunities 18
Contra Costa Resources 21
Houses of Worship 21
Parks & Recreation 22
Clubs & Organizations 25
Where to Dine 30
Locator Map 33
Buyers' Guide 36

The information in this publication is gathered and carefully compiled in such a way as to insure maximum accuracy. The Lafayette Chamber of Commerce and DMP Publications, Inc. cannot, and do not, guarantee the authenticity of all of the information furnished them, nor the complete absence thereof. Thus, no responsibility for omissions and errors can be, or is, assumed.

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NATIONAL BANK
Member FDIC

(415) 283-7200

3684 Mt. Diablo Blvd., Lafayette, CA 94549

Orchard

284-4474

OF LAFAYETTE

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Nursery

We have an almost endless selection of the very highest quality nursery stock: plants, shrubs, trees, ground cover, and all the garden products needed to properly care for and nurture the yard and garden you prize so much. Our California Certified nursery personnel will be anxious to help you. Orchard of Lafayette is a member of the Master Nurserymen's Association.

Florist

We have floral arrangements to highlight every season and every occasion. Strikingly beautiful flowers arranged with taste and loving care. House plants of all sizes and kinds. We are members of FTD, Etc.

Indoor-Outdoor Furniture Center

We have one of the finest selections of top-line indoor-outdoor furniture in Northern California. We're sure there's a set just right for you. Choose from Brown Jordan, Woodard, Samsonite, Medallion and California Umbrella.

At Christmastime each year, Orchard turns into a Yuletide wonderland.

CHAMBER of COMMERCE
LAFAYETTE

The Lafayette Chamber of Commerce is pleased to present this Community Guide/Business Directory to you in order that you might become more familiar with our businesses and what Lafayette has to offer. At the same time, we also wish to welcome new residents and businesses to our city.

The Lafayette Chamber of Commerce is a voluntary non-profit organization representing the commercial, financial and civic interests of Lafayette. Our members work together toward the common goals of improving business and building a better community. Because Lafayette is a retail-sales-tax-based city, support of our local businesses is vital to the health of the community.

The Lafayette Chamber of Commerce extends an invitation to all members of the business community to invest annually in the Chamber so that they may assist in determining the goals and actions of the Chamber in presenting a united business voice.

Susan Herrera

Susan Herrera
Executive Director

1003 OAK HILL ROAD . LAFAYETTE, CALIFORNIA 94549 . TELEPHONE 415/284-7404

History of Lafayette

Lafayette is an expanding residential community providing a relaxing environment for commuters who work in nearby cities. Presently, Lafayette is the home of more than 20,000 residents.

Lafayette, with its rolling hills and beautiful scenic location, has managed to keep its secluded atmosphere while being within easy commuting distance of nearby metropolitan areas.

Lafayette is located on land that once encompassed an entire Mexican land grant, the Acalanes Rancho, and portions of four other grants. The area was first settled in 1848.

The original land grant was made in 1834 to Candelario Valencia. The third owner of the land, Elam Brown, was the town founder. In establishing the town, Brown built a grist mill in 1853 which moved the center of the farming community toward the present Mt. Diablo-Moraga Road intersection.

The growing town straddled the main thoroughfare which led from the Moraga Redwoods to the lumber shipping point in Martinez. Early Lafayette, which had many names such as Brown's Mill, Brown's Corners, Centerville and La Fayette; became a stopover spot for wagon drivers transporting their loads between the two sites.

Lafayette remained a quiet farming community until post-World War II. The building boom and the expansion of the Caldecott Tunnel turned Lafayette cornfields into housing developments.

Lafayette was officially named in 1855 when Benjamin Shreve, the town's first school teacher, applied for a post office for the community. The city of Lafayette was incorporated in 1968.

HERITAGE
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- Residential Sales and Leasing
- Property Management Services
- Investments
- Experienced Real Estate Professionals to Serve You
- Relocation Department with a National Reputation of Excellence

3249 MT. DIABLO BLVD., SUITE 101 • LAFAYETTE, CA 94549
(415) 935-9100

Legend

1. **Site Juan Bernal Home** *(½ mile up Happy Valley Rd., West side).* Built by Juan Bernal, a co-grantee of Rancho Laguna de los Palos Colorados, in 1846. It was razed after suffering severe damage in the 1906 earthquake.

2. **Site James Bickerstaff Home** *(3615 Mt. Diablo Blvd.).* A redwood tree, planted by Bickerstaff's daughter, is still standing in the parking lot. Bickerstaff's daughter, Jennie Bickerstaff Rosenberg, was a pioneer school teacher.

3. **Site Indian Burial Grounds** *(Oakland Ave.-Lafayette Circle).* Burial grounds were discovered in 1970 during construction and excavation.

4. **Garrett Building** *(3565 Mt. Diablo Blvd.).* An unusual design constructed in 1937 by realtor, Colonel N. M. Garrett.

5. **Small Red Frame Building** *(20 Lafayette Circle).* Formerly located on the corner facing Mt. Diablo, the building has been a restaurant, saloon and newspaper office. It was built in circa 1920.

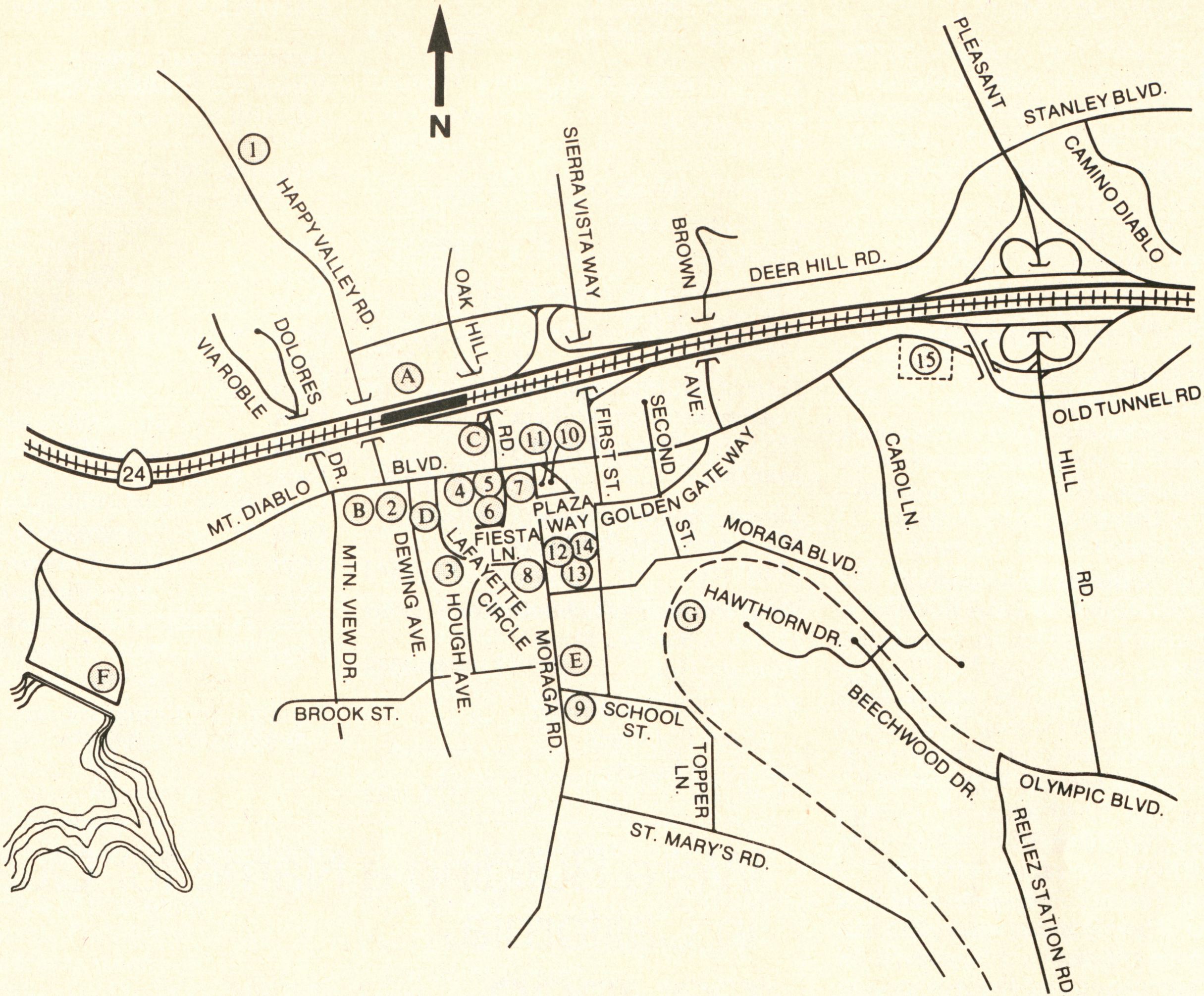
6. **Site Elam Brown House** *(32 Lafayette Circle.)* The house was built in circa 1849 by the town founder. It was razed in 1929. A monument was erected in 1891.

7. **Second School House** *(3535 Mt. Diablo Blvd.)* This school house, which is still in use, was once located behind the Lafayette United Methodist Church. It was moved to its present location in 1927.

8. **Third School House** *(944 Moraga Rd.)* Since 1941, this has been the nucleus of the Lafayette United Methodist Church. The easily identifiable original school and belfry were built in 1893. The Deodor Cedars in front of the school house were planted by pioneer residents Robert and Gertrude McNeil.*

9. **Town Hall** *(Corner of Moraga Rd. and School St.)* This was built in 1914 as a social and entertainment hall by the Lafayette Improvement Association and local residents. This is now the home of the Dramateurs.*

Historical Points of Interest


N
PLEASANT
STANLEY BLVD.
CAMINO DIABLO
SIERRA VISTA WAY
BROWN
DEER HILL RD.
OAK HILL
HAPPY VALLEY RD.
DOLORES
VIA ROBLE
24
MT. DIABLO
DR.
BLVD.
RD
FIRST ST.
SECOND
AVE.
GOLDEN GATE WAY
PLAZA WAY
FIESTA LN.
LAFAYETTE CIRCLE
MTN. VIEW DR.
DEWING AVE.
HOUGH AVE.
MORAGA RD.
BROOK ST.
SCHOOL ST.
TOPPER LN.
ST.
MORAGA BLVD.
HAWTHORN DR.
CAROL LN.
BEECHWOOD DR.
OLD TUNNEL RD.
HILL RD.
OLYMPIC BLVD.
RELIEZ STATION RD.
ST. MARY'S RD.
1
2
3
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6
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G

10. **Plaza Park** *(Southeast Corner, Mt. Diablo Blvd. and Moraga Rd.)* This triangle of land, which was originally five times the present size, was donated to the town as a public plaza by Elam Brown in 1864.**
11. **Grist Mill Wheel** *(Embedded in the wall of Plaza Park as a memorial to Elam Brown.)* The Wheel was taken from Brown's grist mill when it was dismantled in 1880.**
12. **Pioneer Store** *(3535 Plaza Way.)* Benjamin Shreve's store, served as an insurance agency and post office as well, was opened in the early 1860s. It was named the Pioneer Store by Robert Elam McNeil, who bought the store in 1902.**
13. **Geils' Building** *(3531 Plaza Way.)* The building was built in the 1880s as a tavern by Fred Geils. It has housed a variety of businesses.**
14. **Way Side Inn** *(3521 Golden Gate Way.)* It was built in 1894 as a hotel and tavern, but has since housed a variety of businesses.
15. **Lafayette Cemetery** *(Near intersection of Mt. Diablo Blvd. and Pleasant Hill Rd.)* The land was sold for $100 by Medford Gorham to the cemetery corporation in 1874.**

A. **BART Station** *(Deerhill Rd., between Happy Valley Rd. and Oakhill Ave.)*
B. **Post Office** *(Mt Diablo Blvd. opposite Happy Valley Rd.)*
C. **Lafayette Chamber of Commerce** *(1003 Oak Hill Rd.)*
D. **Lafayette City Offices** *(251 Lafayette Circle.)*
E. **Public Library** *(952 Moraga Rd.)*
F. **Lafayette Reservoir-Recreation Area** *(Approx. ½ mile west of Happy Valley Rd.)*
G. **Hike and Bike Trail** *(Formerly Sacramento-Northern Railroad Right of Way.)*

Note: *Map locations marked ** have been declared Points of Historical Interest. These places, plus those marked*, have been plaqued by the Lafayette Historical Society with the assistance of the Rotary Club of Lafayette, Lafayette Lions Club, Soroptimist Club of Lafayette-Orinda, Methodist Community Church, and Alice McNeil Russi.*

Legend editorial and map were taken from a pamphlet published by the Lafayette Historical Society. For further information, write: Lafayette Historical Society, P.O. Box 133, Lafayette, CA 94549.

City & County Government

CITY GOVERNMENT

A five member City Council, elected officials, direct city business and numerous commissions. Council meetings are held on alternative Monday nights at the Veterans' Memorial Building.

City Hall
251 Lafayette Circle
Lafayette, CA 94549
(415) 284-1968

1983 CITY OFFICIALS

Mayor: Gayle B. Uilkema
Vice Mayor: Avon M. Wilson
Councilmembers: Tom Cleveland, Richard Holmes, Ned Robinson
City Manager: Maureen Cassingham
Planning Director: Carlos Anglin
City Attorney: Charles Williams

Lafayette Statistical Information
Lafayette, located 24 miles due east of San Francisco and 17 miles east of Oakland, has a population of 23,319.

The city covers 12.89 square miles with an elevation ranging from 200 to 1136 feet above sea level. Average temperatures range between 45.5 and 69.7.

There are 6,840 units of housing available, including 1,818 rental units. The Median home value is $161,600.The Median Income, per household, is $36,963. The Mean Income is $44,812. The female population comprises 50.6% of the population and 49.4% is male.

RECREATIONAL AREAS:
Lafayette Reservoir offers fishing, boating, hiking and bike trails as well as picnic facilities and boat rentals. Rowboats are available for rental and landing piers are located along the shore for those owning sailboats and canoes. The area is open, year-round, during daylight hours — from approximately 6 a.m. to 9 p.m. in the summer and from 8 a.m. to 5 p.m. in the winter.

City Parks are the community center property on St. Mary's Road which includes baseball and tot lot facilities and the Brook Street Park also with tot lot facilities. There is a small park with fountain and commemorative flag pole at the intersection of Mount Diablo Boulevard and Moraga Road.

Lafayette-Moraga Regional Trail is suitable for hiking, bicycling, and horseback riding. The trail stretches for over five miles and includes several fitness stations along the trail. Access is on St. Mary's Road, Olympic Boulevard, and on School Street.

Elected Officials
(Officials elected in staggered 6 year terms)

Assessor, Carl S. Rush
834 Court Street
Martinez 372-2252

Auditor-Controller, Donald Bouchet
625 Court Street
Martinez 372-2181

Clerk-Recorder, James R. Olsson
822 Main Street
Martinez 372-2360

District Attorney and Public Administrator, William A. O'Malley
725 Court Street, Room 402
Martinez 372-4500

Sheriff-Coroner, Richard K. Rainey
651 Pine Street, 7th Floor
Martinez 372-2843

Superintendent of Schools, Ron Stewart
75 Santa Barbara Road
Pleasant Hill 944-3388

Treasurer-Tax Collector Alfred P. Lomeli
625 Court Street
Martinez 372-4122

COUNTY GOVERNMENT

Superior Court Judges
Richmond Branch Court
100-37th St., Martinez 231-3252

Presiding Judge:
William R. Channell

Dept. 1: .... Robert G. McGrath
Dept. 2: .... Richard E. Arnason
Dept. 3: .... Max Wilcox, Jr.
Dept. 4: .... Wayne A. Westover
Dept. 5: .... Gary E. Strankman
Dept. 6: .... David A. Dolgin
Dept. 7: .... Edward R. Merrill
Dept. 8: .... Robert J. Cooney
Dept. 9: .... Ellen S. James
Dept. 10: .... William R. Channel
Dept. 11: .... Coleman F. Fannin
Dept. 12: .... E. Patricia Herron
Dept. 13: .... Richard L. Patsey
Dept. 14: .... Norman Spellberg
Dept. 15: .... David E. Pesonen

Family Law Commissioner:
James H. Libbey

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- Interior Development
- Asset Management

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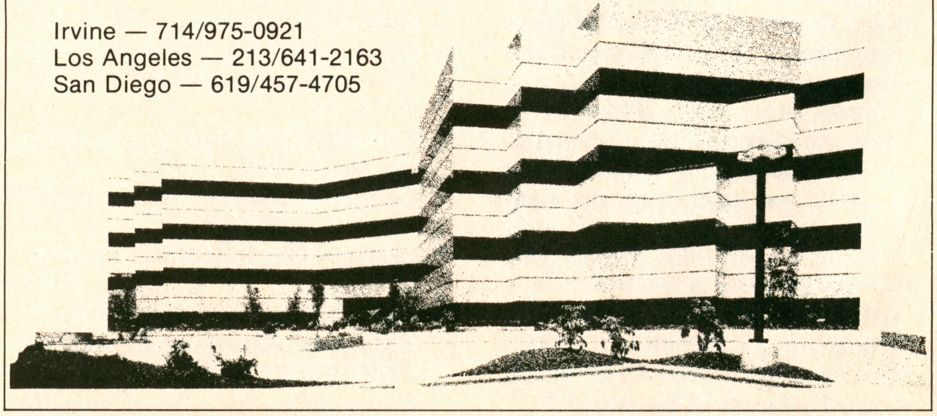
415/945-0280

Irvine — 714/975-0921
Los Angeles — 213/641-2163
San Diego — 619/457-4705



Public & Government Information

Municipal Court Judges
100-37th Street
Richmond 231-3800

Bay Judicial District:
George D. Carroll
Allen L. Norris
Bessie P. Dreibelbis
Samuel H. Mesnick
Patricia Ann McKinley

Delta Judicial District:
Manuel C. Rose, Jr.
Gerald A. Belleci

Mount Diablo Judicial District:
Mark B. Simons
John D. Hatzenbuhler
Walter D. Rogers
Douglas R. Cunningham
Richard P. Calhoun, *Traffic Court Commissioner*

Walnut Creek-Danville Judicial District:
Michael J. Phelan
Joseph R. Longacre, Jr.
John C. Minney
Richard P. Calhoun, *Commissioner*

County Board of Education
Alice Johnson, *President*
75 Santa Barbara Road
Pleasant Hill 944-3380

Appointed Officials

Agricultural Commissioner
Director of Weights and Measures, John H. deFremery
161 John Glenn Drive
Concord 671-4250

Director, Animal Services
Diane Iwasa
4849 Imhoff Place
Martinez 372-2995

Director, Building Inspection
Robert W. Giese
651 Pine Street
Martinez 372-2300

Director, Community Services Department, Ida Berk
2425 Bisso Lane, Suite 120
Concord 671-4544

Director, Cooperative Extension Service, Fisk Phelps
1700 Oak Park Boulevard, A-2
Pleasant Hill 944-3540

County Counsel, John B. Clausen
651 Pine Street
Martinez 372-2074

Director, Office of Emergency Services
Cecil Williams
50 Glacier Drive
Martinez 372-4461

Health Services
(The position of the Director is currently vacant.)
2500 Alhambra Avenue
Martinez 372-4416

Assistant Director, Medical Care
Walter E. Carr
Assistant Director, Public Health
Wendel Bruner, M.D.
Assistant Director
Management & Administration
Gordon Soares
Assistant Director
Environmental Health
Dan Bergman
Assistant Director, Alcohol/Drug Abuse/Mental Health
Stuart McCullough

Librarian, Ernest Siegel
1750 Oak Park Boulevard
Pleasant Hill 944-3423

Chief Clerk, Board of Supervisors
Geraldine Russell
651 Pine Street
Martinez 372-2372

Director, Department of Manpower Programs, Art Miner
2425 Bisso, Suite 100
Concord 671-4382

Director of Planning
Anthony A. Dehaesus
651 Pine Street
Martinez 372-2021

Director of Personnel
Harry Cisterman
651 Pine Street
Martinez 372-4064

Probation Officer, Gerald S. Buck
651 Pine Street
Martinez 231-3041

Public Defender, Patrick R. Murphy
610 Court Street
Martinez 372-2481

Public Works Director
Michael Walford
651 Pine Street
Martinez 372-2105

Purchasing Agent, Cliff Baumer
630 Court Street
Martinez 372-2174

Retirement Administrator and Jury Commissioner, Len Le Tellier
725 Court Street
Martinez 372-2356

Veterans' Service Officer
Elmer E. Rieger
651 Pine Street
Martinez 372-2785

Welfare Director, Robert E. Jornlin
2401 Stanwell Drive
Concord 671-4224

STATE OFFICIALS REPRESENTING CONTRA COSTA COUNTY

Daniel E. Boatwright
Senator, 7th District
1035 Detroit Avenue, Rm. 200
Concord 689-1973

Nicholas C. Petris
Senator, 9th District
1111 Jackson Street, Rm. 7016
Oakland 464-1333

William P. Baker
Assemblyman, 15th District
1243 Alpine Road, Ste. 102
Walnut Creek 932-2537

Tom Bates, Assemblyman
12th District
3923 Grand Avenue
Oakland 464-0786

Robert J. Campbell
Assemblyman, 11th District
604 Ferry, Ste. 220
Martinez 372-7990

Ronald Dellums,
U.S. Congressman
201 13th St., Room 105
Oakland 94604 763-0370

UNITED STATES SENATORS FOR CALIFORNIA

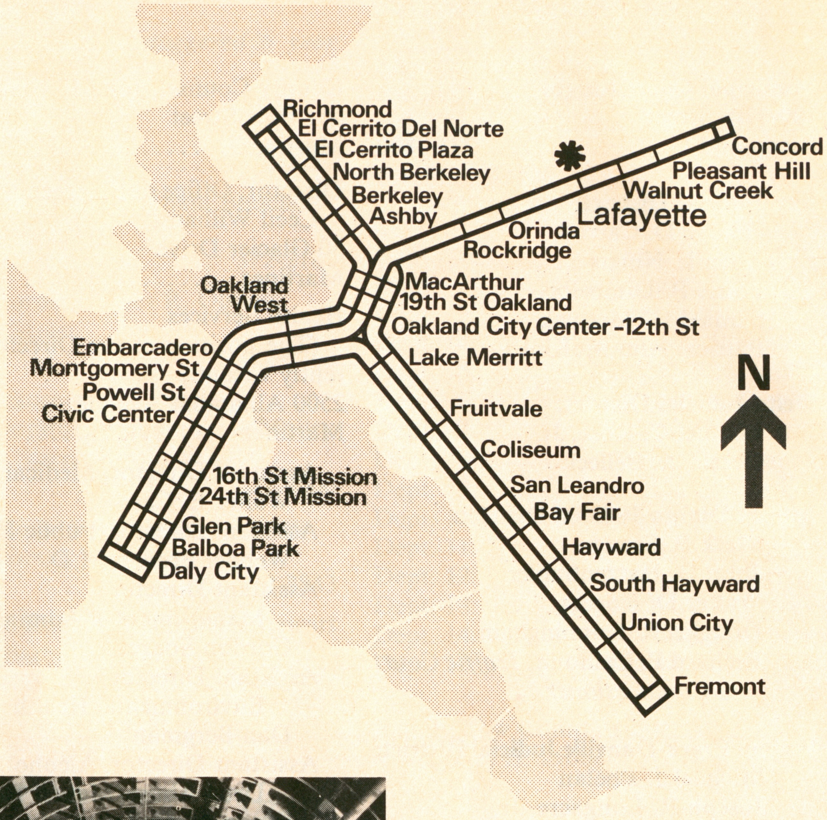
Pete Wilson (R)
United States Senator
450 Golden Gate Avenue
San Francisco, 94102 556-4307

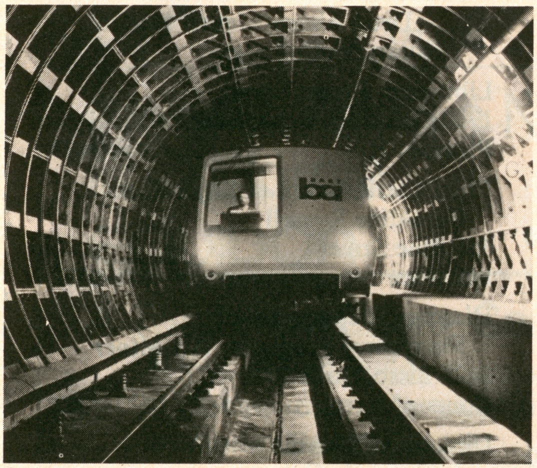
Alan Cranston (D)
United States Senator
45 Polk Street
San Francisco, 94102 556-8440

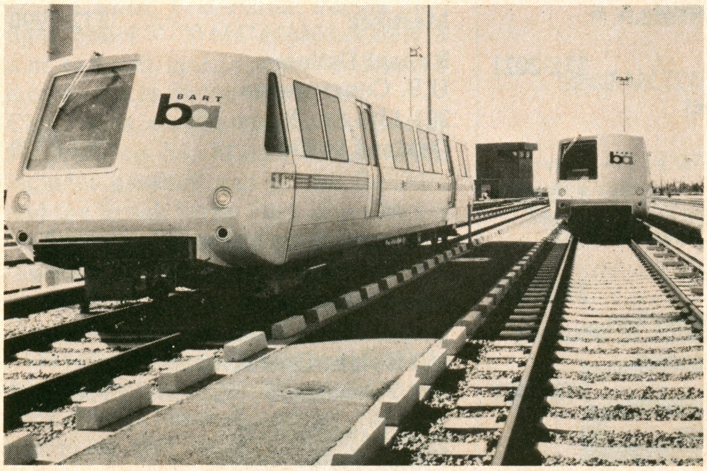
The Bay Area Rapid Transit . . . Serving Bay Area Commuters

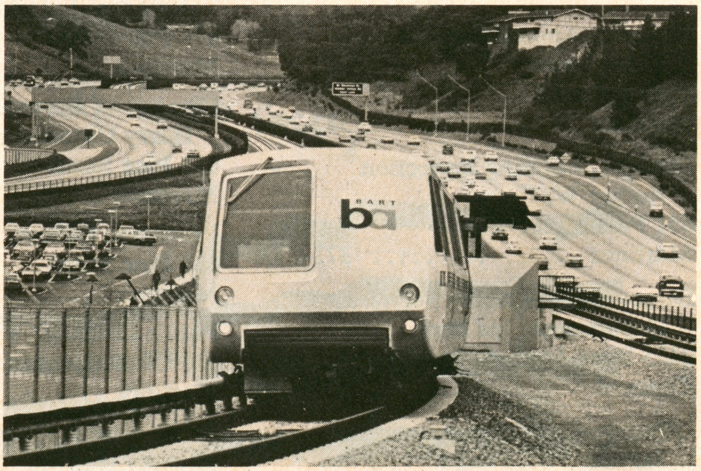
The Bay Area Rapid Transit (BART) has trains running from Contra Costa County to the southern end of Alameda County, covering a total of 71.5 miles.

Low train fares, quick traveling time, and access to additional commuter services (AC Transit, MUNI) make BART a convenience easily available to Bay Area residents. BART train lines access most of the Bay area to residents who prefer not to be bothered with the bustling freeways.


Richmond
El Cerrito Del Norte
El Cerrito Plaza
North Berkeley
Berkeley
Ashby
Concord
Pleasant Hill
Walnut Creek
Lafayette
Orinda
Rockridge
MacArthur
19th St Oakland
Oakland City Center-12th St
Lake Merritt
Oakland West
Embarcadero
Montgomery St
Powell St
Civic Center
16th St Mission
24th St Mission
Glen Park
Balboa Park
Daly City
Fruitvale
Coliseum
San Leandro
Bay Fair
Hayward
South Hayward
Union City
Fremont
N







Public & Government Information Cont.

Alcoholics Anonymous	939-5371
Alexander Lindsay Junior Museum of Natural Science	935-1978
Attorney's Reference Panel	372-7900
Better Business Bureau	933-0310
Chamber of Commerce	284-7404
Contra Costa Apartment Owner's Association	237-2346
ECO House (Recycling Information)	937-2072
Fire Department (Information)	930-5500
Health Services	
American Cancer Society	934-7640
Children's Hospital	428-3237
Dental Association (Referral/ Emergency)	687-5300
Health Department	944-3121
Immunization Clinic (Information)	372-2525
John Muir Memorial	939-3000
Kaiser Foundation	943-2000
Medical Association (Referral)	933-4777
V.D. Clinic	372-2525
Heather Farm Community Center	943-5858
Larkey Swim Center, Larkey Park	939-2956
League of Women Voters	283-2235
LMYES (Lamorinda Youth Employment Service)	283-0906
Mount Diablo Rehabilitation Center	682-6330
Newspapers	
Contra Costa Times	935-2525
Contra Costa Sun	284-4444
Passport Information	671-6155
Pets	
Animal Services Department, Central County	372-2995
Dog Licensing	372-2958
Lost & Found Pets	798-1773
Spay & Neuter Clinic	682-3878
Planned Parenthood	935-3010
Post Office	283-8229
Senior Citizens	
Senior Information	935-9350
Transportation	
BART Information	933-2278
Bus Information	938-7654
TTY (Hearing Impaired TTY)	465-5295
Utilities	
Central Sanitary Department (Sewers)	689-3890
Contra Costa County Dump	228-6525
East Bay Mud (Water)	934-6622
ECO House (Recycling Information)	937-2072
Lafayette Garbage	283-2989
PG & E	933-7867
Pacific Telephone	935-5810
Valley Disposal (Garbage)	935-8900
Young Life	283-6969

Lafayette Reservoir

Lafayette

City Offices	284-1968
Recreation Complex, 711 St. Mary's Road	284-9803
Recreation Department & Community Center, 500 St. Mary's Road	284-2232
Street Maintenance	284-6271

Contra Costa County

County Supervisor (Lafayette Area), Nancy C. Fahden	820-8683
Administrative Building	372-4121
Birth Certificate Information	372-2516
Building Inspection	372-2300
Contra Costa County Development Association	228-0800
County Administrator	372-4080
County Clerk	372-2950
County Counsel	372-2074
Demographer	372-2035
Department of Agriculture	671-4250
Department of Motor Vehicles	935-4464
Department of Social Services	372-2623
District Attorney	372-4500
Employment Service Offices	676-4000
Federal Tax Information & Assistance	932-5880
Flood Control	372-4098
Grand Jury	372-2345
Housing Alliance	825-4663
Internal Revenue Service	(800) 772-3410
Judicial District (Walnut Creek-Danville)	935-6372
Marriage License Information	372-2956
Office of Emergency Services	228-5000
Planning Department	372-2021
Public Defender	372-2481
Public Health Services	372-2507
Environmental Health	372-2521
Public Information Officer	372-4098
Public Works	372-2105
Recorder (Birth, Death, Marriage)	372-2366
Recording Information	372-2360
Retirement Office	372-4137
Sheriff	372-2441
Social Services	671-4224
Superior Court	372-2356
Voter Registration	372-4166

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284-9915

Lafayette Chamber of Commerce

Leading the Community Towards a Brighter Future

Chamber of Commerce
1003 Oak Hill Road
Lafayette 284-7404

The Lafayette Chamber of Commerce is the only representative agency of the total business community of the city and has a dynamic and influential voice. An important goal of the Lafayette Chamber is to promote awareness and understanding of the vital inter-relationship of all segments of our city — business, government and residential.

The Chamber maintains a City Information Bureau, providing city maps, demographics and profiles, Newcomer Kits, and other informational packets.

In its efforts to enhance the image of Lafayette, the Chamber of Commerce has a number of very active committees and sponsors recreational and informational activities. One of the more popular annual events is the Concours d'Elegance.

The Concours d'Elegance is held every July since 1970 and is sponsored by the Lafayette Chamber of Commerce with the city of Lafayette acting as Honorary Sponsor.

At the Concours, a sampling of cars, evolving from the 1800s, is available for viewing. The Concours is sanctioned by the Sports Car Club of America. The event usually takes place the second or third weekend in July, and is considered one of the three largest shows in the state of California.

Listed below are Chamber committees and their chairmen. These committees work throughout the year to provide Lafayette with the variety and the quality of services that the city and its residents have come to expect from the Chamber of Commerce.

1983-84 Chamber Committee Chairmen

Membership/Ambassadors
Barbara Bupp
Lamorinda National Bank

Governmental Affairs Committee
George Denney
California Pacific Real Estate

Business Development Committee
Diane Backowski
Security Pacific Bank

Crime Prevention Committee
Robb Sanderson
Sanderson Security & Communications

Concours '84
Scotty Loucks
Scotty Loucks Insurance

Mixers
John Beaver
Brooks & Beaver Insurance

Mixer Raffles:
Rose Edwards
G A Burglar Alarms

Chamber Honorary Announcer
Bob Stone (Bupp)

Scotty Loucks, Barbara Bupp and Susan Herrera pose in early 20th century styles at the Concours d'Elegance, 1980.

Children's Hospital Medical Center of Northern California
51st and Grove Streets
Oakland 428-3000

Children's Hospital Medical Center is one of the oldest and most comprehensive pediatric medical centers north of Los Angeles, south of Seattle and west of Denver devoted exclusively to the health needs of children.

Founded by a group of women in 1912 as the Baby Hospital, it changed its name to Children's Hospital of the East Bay in 1930, and to Children's Medical Center of Northern California in 1964.

The hospital has a capacity of 142 beds for children from birth through 18 years. About 6,500 patients were admitted in 1982.

The Ford Diagnostic and Treatment Center (Clinic and Outpatient Department), dedicated in 1962, features 25 specialty clinics providing services for nearly 82,300 visits last year, including 31,433 visits to the Emergency Department.

Bruce Lyon Memorial Research Laboratory, dedicated in 1959, specializes in research in children's diseases and conditions.

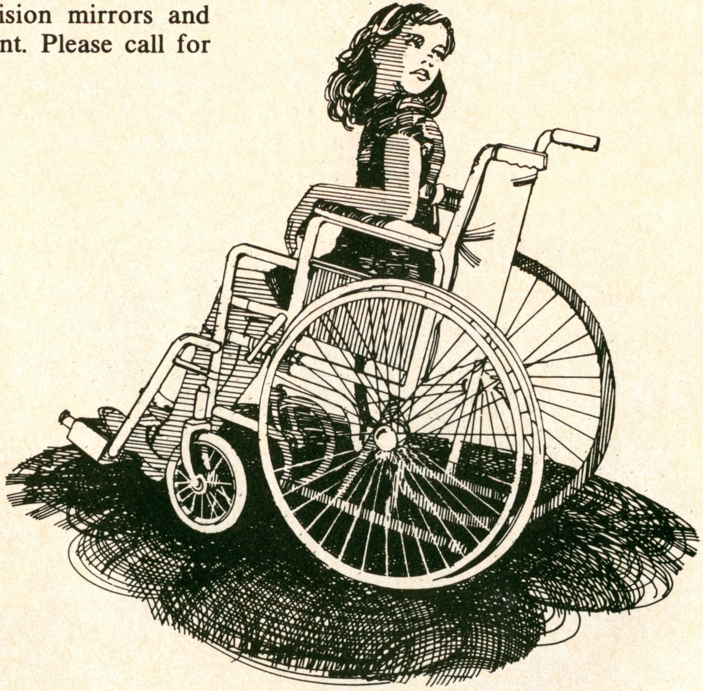
A Pediatric Intensive Care Center, completed in 1975, houses the Intensive Care Nursery with 40 beds and Intensive Care Unit with 16.

A modern five-story patient care and support services facility was completed in 1982. It includes a special oncology unit, an adolescent unit and an eight-bed short stay surgery unit.

The Family Therapy Institute of California-Lafayette
3738 Mt. Diablo Boulevard
Suite 100 283-8710

The Family Therapy Institute of California in Lafayette is a therapy center for families, children, couples, individuals, and groups. The Family Therapy Institute is also a therapy training clinic under the California Graduate School of Marital and Family Therapy. Internship, supervision, and consultation programs are available.

The institute trains pre- and post-Masters students, Doctoral candidates in Social Work, Marital Family and Child Counseling, Psychology, Sociology and practicing Mental Health professionals. The context for supervision includes one-way vision mirrors and video tape equipment. Please call for more information.



THE
FAMILY THERAPY
INSTITUTE
OF
CALIFORNIA

283-8710

3738 Mt. Diablo Blvd. Suite 100
Lafayette, CA

We specialize in individual, couple, family, child and adolescent issues.

Martin Kirschenbaum, Ph.D.
Executive Director #PC2589

Inger Kirschenbaum, MFCC
Clinical Director #MS9618

and Associates

Affiliated with the California Graduate School of Marital and Family Therapy

How can you reduce the cost of employee health?

Invest in it.

Now employers have a way to reduce employee health care expenditures: the Health Investment Program.

Designed especially for employers, the Health Investment Program provides the most comprehensive range of medical and preventive health services in Northern California. Services that not only treat employee illness and injury—but help prevent it.

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Isn't it time to stop **spending** on employee health and start **investing** in it? Call the Health Investment Program today.

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Health Investment Program
a member of the Alta Bates Health System

2855 Telegraph Avenue
Berkeley, CA 94705

540-1460

John Muir Memorial Hospital

1601 Ygnacio Valley Road
Walnut Creek 939-3000

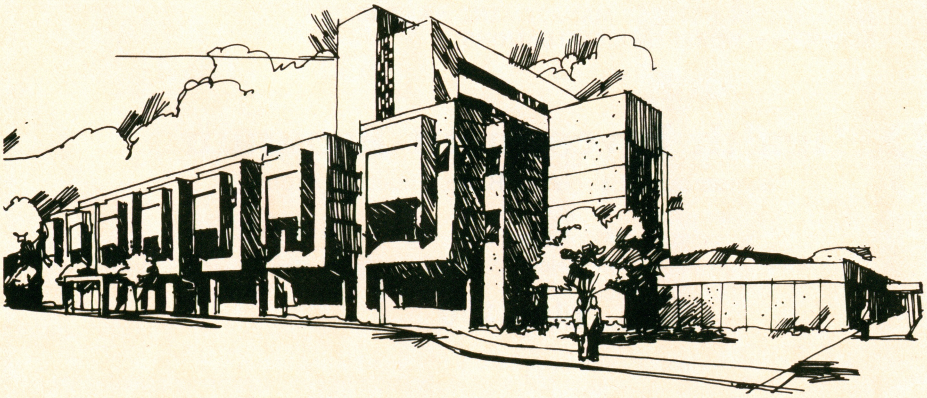
John Muir Memorial Hospital is a private, not-for-profit, 262-bed community hospital. This does not mean that the hospital fails to make a profit. Like any sound business, a hospital must realize a profit. Rather, it means that profits are re-invested into the hospital to continually improve services.

The hospital operates from fees for services it provides as well as by individual and corporate gifts. John Muir Hospital is, in effect, owned by the communities it serves. It receives no tax funds.

A comprehensive acute-care hospital, John Muir is known for its innovative and diversified programs, and its commitment to excellence in health care, medical education, and community outreach programs.

An active medical staff consisting of 250 physicians represents a wide range of medical specialties and sub-specialties such as cardiology, endrocrinology, oncology (cancer), and neurosurgery. The expertise of staff surgeons plus state-of-the-art equipment allows sophisticated microvascular, orthopedic, and eye surgery.

Other services available at John Muir include a social department to assist patients and their families with emotional and social adjustments; a home health department which provides professional nursing care as well as a host of other services to home-bound patients, and an extensive community health education program.



Kaiser-Permanente Medical Center

1425 South Main Street
Walnut Creek 943-2000

The Kaiser-Permanente Medical Center at Walnut Creek provides pre-paid health care and hospitalization for 219,000 Health Plan members in the Walnut Creek service area.

Licensed hospital bed capacity: 201
Physician-in-Chief:
Robert S. Lyss, MD
Administrator: Gretchen Karnish, RN
Number of Physicians: 122
Number of Employees: 1,200
Outpatient Services include:

Allergy; Dermatology; Ear, Nose and Throat; Internal Medicine; Laboratory; Mental Health; Neurology; Nuclear Medicine; Obstetrics/Gynecology; Opthamology; Optometry; Orthopedics; Pediatrics; Pharmacy; Physical Therapy; Surgery; Urgent Care; Urology and X-ray.

The 201 bed community hospital features a full-range of services including a 24-hour a day Emergency Room, an active Obstetrics Department and Nursery, Intensive Care and Coronary Care Units and a new Hospice Unit.

Kaiser-Permanente is now completing a three-story, 54,000 square foot hospital addition. This $14 million project, which has been underway for the last two years, will provide a more spacious, updated Emergency Room, Nuclear Medicine and Radiology Departments, Newborn Nursery, and Intensive Care and Coronary Care Units. The third floor of the addition will house 40 hospital beds — all of which are now located in our original hospital building.

In addition to primary health care services, the Walnut Creek Medical Center offers a variety of special services to Health Plan members. If the problem is minor, like a cold or flu, the advice nurse will recommend home treatment. However, if the problem is more serious and needs a physician's attention, the nurse can help set up an Urgent Care appointment.

The Health Education Department is another special department at Kaiser-Permanente. A team of physicians, nurses, nurse-practitoners and other professionals join forces to offer a variety of classes to members and the community on subjects ranging from Diabetes self-care to smoking cessation, stress, teenage sexuality, pre-natal care and more.

The Health Education Center is also open to Health Plan members and the public. Located on the first floor of the Medical Office Building, the center features a variety of books, pamphlets, films, videotapes and displays on health-related topics. For more information on the Health Education Center and classes, please call 943-2771.

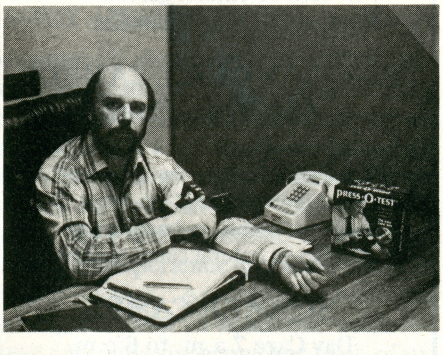
The Walnut Creek Medical Center is one of 13 Kaiser-Permanente Medical Centers and eight Medical Offices in the Northern California region. Locally, members have a choice of two medical centers and two medical offices for their ongoing health care. Both the Walnut Creek and Martinez Medical Centers offer hospitalization plus outpatient visits, while smaller clinics in Pleasanton and Antioch provide health care for outpatients.

The range of resources and scope of service qualify the Northern California region of Kaiser-Permanente as one of the largest and most comprehensive private sector health care delivery systems anywhere.

EMERGENCY NUMBERS

ALL EMERGENCIES	**911**
HIGHWAY PATROL	**Zenith 1-2000**
KAISER HOSPITAL	**943-2000**
JOHN MUIR HOSPITAL	**939-3000**
CHILDREN'S HOSPITAL	**428-3240**
CARE CENTER	**284-CARE**
ALCOHOL TREATMENT AND DRUG ABUSE INFORMATION	**372-4345**
ALCOHOLICS ANONYMOUS HOTLINE	**939-4155**
BATTERED WOMEN'S ALTERNATIVE	**930-8300**
CHILD ABUSE (CENTRAL COUNTY)	**372-2881**
SUICIDE INTERVENTION	**939-3232**
FAMILY STRESS CENTER	**827-0212**
POISON CONTROL CENTER	**666-2845**
RAPE CRISIS	**798-7273**

Oxygen Concentrator converts room air into 90% oxygen — eliminates oxygen tanks.



Electronic Blood Pressure Cuff — clinical accuracy at home.

Mannee Medical, Inc.
3399 Mt. Diablo Boulevard, Lafayette, CA 94549
415-284-4534

Cardio-Pulmonary • Exercise Stress Testing Equipment
Sales • Service • Supplies

EXERCISE AND HOMECARE EQUIPMENT AND SUPPLIES

- Treadmills
- Bicycle Ergometers
- Electronic Blood Pressure Cuffs
- Rowing Machines
- Stethoscopes

WE ALSO HANDLE:

- Bennett, Bird IPPB Respirators
- Pulmoaide Compressors, Neubulizers, Ultrasonic Neubulizers
- Oxygen Equipment
- Suction Devices
- Air Purification Systems

Trained personnel to set up, monitor and advise home care program; including proper use and cleaning of equipment prescribed by physician! No charge for delivery, maintenance or pick-up! We do accept and bill Medicare, Champus and most private insurance assignments (payments).

Educational Opportunities

The city of Lafayette has several public schools which serve students from kindergarten through high school. Also within commuting distance are some of the Bay Area's finer private schools and institutions of higher education.

Lafayette has four elementary schools and one intermediate school in the Lafayette School District. Students attending grades nine through 12 are served by the Acalanes Union High School District.

PUBLIC SCHOOLS
Lafayette School District
Administrative Offices
3477 School St. 284-7011

Burton Valley Elementary School (K-6)
561 Merriewood Dr. 284-7046

Happy Valley Elementary School (K-6)
3855 Happy Valley Rd. 284-7049

Lafayette Elementary School (K-6)
950 Moraga Rd. 283-6231

Springhill Elementary School (K-6)
3301 Springhill Rd. 283-8281

Stanley Intermediate School (7-8)
3455 School St. 283-6282

Acalanes Union High School District
Administration Building
1212 Pleasant Hill Rd. 935-2800

Acalanes High School (9-12)
1200 Pleasant Hill Rd. 935-2600

Campolindo High School (9-12)
300 Moraga Rd.,
Moraga 376-5986

Del Oro Continuation High School (9-12)
1961 Tice Valley Blvd.
Walnut Creek 939-9650

Las Lomas High School (9-12)
1460 South Main Street
Walnut Creek 935-4110

Miramonte High School (9-12)
750 Moraga Way
Orinda 376-4423

COLLEGES & UNIVERSITIES
Universities in the Bay Area include the internationally acknowledged Stanford University, University of California-Berkeley and Cal State-Hayward. Colleges which are within easy commuting distance to Lafayette residents are listed below.

Contra Costa College
2600 Mission Bell Drive
San Pablo 235-7800
A two year public college.

Diablo Valley College
321 Golf Club Road
Pleasant Hill 685-1230
A two year public college.

J.F.K. University
12 Altarinda Road
Orinda 254-0200
Offers upper division and graduate classes.

Los Medanos Community College
2700 East Leland Road
Pittsburg 798-3500
A two year public college.

Saint Mary's College
Moraga 376-4411
A four year private college.

Cal-State Hayward, Contra Costa District
3100 Oak Park Blvd.
Pleasant Hill 945-8700

Included below is a partial listing of private schools in the Lafayette area.

PRIVATE SCHOOLS
Diablo Valley Montessori School
Lafayette/Pleasant Hill ... 283-6036
(Toddler through sixth grade.)

Founded in 1965 by a small group of parents, the school has grown from a single class of 20 children to a school of more than 200 students remaining dedicated to:

* Building a strong foundation of practical and academic skills for a lifetime of independent learning.
* Offering the community the highest standard of Montessori Education and child care.
* Meeting the individual development needs of each child through the prepared environment.
* Helping each child to realize his/her full potential as a responsible, world citizen.
* Strengthening self-confidence and the courage to be creative by offering freedom of self-expression in a structured environment.

The Diablo Valley MONTESSORI SCHOOL
283-6036

LAFAYETTE CAMPUS
3390 Deerhill Road
· Toddler
· Pre-school/Kindergarten
· Kindergarten Enrichment

PLEASANT HILL CAMPUS
450 Boyd Road
· Elementary – Grades 1-5 on new Ranch-like campus featuring enriched individualized academic program, tennis, swimming and athletics in natural country setting.

SUMMER CAMPS
Day Care 7 a.m. to 6 p.m.

Affiliated with
The American Montessori Society
since 1969

The Child Day School
Lafayette

Offering a Specialized Academic Program geared to the Total Development of the Child.

Open 6:30 a.m. to 6:00 p.m.
Ages 2-9

- Program for Young 2's
- Preschool Program
- Special Pre-kindergarten Program
- Small, Individualized Kindergarten Program
- Transportation to and from some Lafayette Schools

1049 Stuart Street
(1/2 mile to BART and Freeway 24)
284-7092

At the Diablo Valley Montessori School, children's opportunities to "do it myself" are diligently nurtured. Respect for others, both adults and children, is highlighted in our approach. Fair rules consistently implemented and modeled by the adults set important examples. Nurturing plants and animals teaches sensitivity and encourages awareness of our own needs. The careful, trained observation of children's behavior, learning styles and maturation aid the Directress in fostering independent learning. Not "directing learning" but observing and noting the child touching, questioning and using the materials in an orderly environment creates the individual curriculum. Offering appropriate materials to individuals or small groups touches the natural curiosity and raises self-esteem through a feeling of importance.

Through the child's pleasure in the Montessori classroom, families experience the effects of Montessori principles and bring them into their homes. Through the school's parent education program, parents begin to understand the laws of nature that guide their child in developing his/her absorbent mind. This understanding enables the parent to aid the child through purposeful activity and responsibility allowing the child to achieve a sense of worth and self-integration. Parents learn to remove themselves whenever possible, giving the child the opportunity to complete meaningful activities, thereby proving themselves capable. Over the years DVMS has been encouraged by its contribution as a resource to families in the Diablo Valley.

DVMS invites and encourages all interested persons to visit their campuses and observe classes in session.

Sponsored editorial.

ABOUT ARROWSMITH

Arrowsmith Academy is an independent, co-educational, non-sectarian school serving university-bound students in grades 7-12. It was founded in the spring of 1979 by a group of teachers who wished to provide teen and pre-teen youth with the academic foundation and social experience necessary for collegiate success. Arrowsmith nurtures the highest level of academic achievement and personal growth in each of its students.

Students may choose our *College Preparatory Program* of courses selected to satisfy the entrance requirements of community and state colleges, or our University Preparatory Program which meets the needs of those who wish to enter major universities.

Arrowsmith Principles

1. We are committed to preparing our students for university study. Administrators of major universities have noticed a lack of training among many high school graduates in "solid subjects," English, Mathematics, and Science. Our program emphasizes just these subjects.

   Solid subjects require up to one hour of outside work for each hour of class work. Here we concentrate upon the development of the composition and mathematical skills that are essential to an academic education. Our requirements for graduation reflect this emphasis.

   Our required courses are listed with and have been approved by the University of California. Our University Preparatory Program continues to meet the University's entrance requirements, which have recently become more stringent.

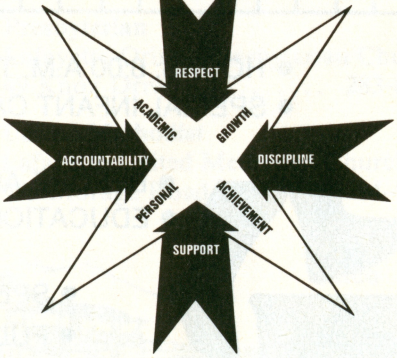
   Our faculty consists of qualified and credentialed educators committed to maintaining our high level of academic standards.
2. Students learn best with a low student to teacher ratio. Inside the large classrooms typically found in public junior and senior high schools, teachers are often compelled to pay more attention to disciplining students than to challenging or gratifying their intellectual curiosity. A teacher who sees 150 students per day can hardly be expected to monitor the completion of daily homework, let alone be able to give regular, constructive feedback on the quality of that work. Recent research has demonstrated conclusively that students learn best in small classes. With ratios of fewer than 15 students to one teacher, learning is enhanced and students hold significantly more positive views about the educational process. These results become even more striking as the student/teacher ratio decreases further. At Arrowsmith, class size ranges from 4-12 students, allowing each teacher to become familiar with the needs and capabilities of each student.

- COLLEGE PREPARATORY
- SUMMER SESSION
- GRADES 7 - 12
- NEAR B.A.R.T.
- CO — ED

ARROWSMITH ACADEMY

284-5778

1936 TICE VALLEY BLVD., WALNUT CREEK 94595



3. Students learn best when they are active participants in their own education. As the number of students per teacher increases, so does the teacher's need to rely on lectures, workbooks and dittos. Our policy, on the other hand, is to build person-to-person relationships between students and teachers, and to encourage the active and constructive participation of students in a variety of learning activities.

   At Arrowsmith, learning includes extensive laboratory experience in the physical sciences, the participation of Biology students in creating and presenting seminars for elementary school students, field trips to facilities doing research in areas related to classroom study, and Community Internships which allow students the opportunity to observe and work within a particular field of study.

   Our Composition classes emphasize the use of active learning techniques from the Bay Area Writing Project, in particular the use of student "response groups," whose members meet regularly to comment on each other's work. Through this structured and cooperative process, students learn the art of revision.
4. Students function best in a challenging environment where expectations are high. At Arrowsmith, students must complete assignments daily and punctually. Regular "Communique" reports and our "Directed Study" period after school hours assist students who have short term difficulty completing assignments. Students must maintain a grade average of at least 2.0 to remain at the school.
5. Students required the development of social consciousness, and a healthy social environment in order to have a wholesome educational experience. At Arrowsmith school assemblies are held to host guest speakers who discuss current affairs, and bring social issues and concerns to the attention of our student body. We also have "Support Groups" of six students and a faculty advisor who meet once a month to discuss personal development and plan field excursions. Winter and Spring "Nature Labs" take courses out of the classroom and into the mountains for education and recreation.
6. We at Arrowsmith are committed to the development of a group representing a variety of ethnic, religious, and economic backgrounds.
7. We seek motivated students who value education and demonstrate the ability to meet our academic requirements.

To receive further information or to arrange to visit the school, contact our Admissions Director at 284-5778.

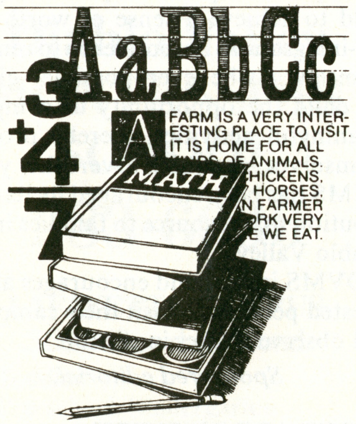
Sponsored editorial.

HUMPTY DUMPTY COLLEGE
984 Moraga Road, Lafayette
283-4422

- HOURS: 6:00 A.M. TO 6:30 P.M. — YEAR AROUND
- SPECIAL INFANT CARE AND 2-YEAR-OLD PROGRAMS
- BEFORE AND AFTER SCHOOL PROGRAMS
- EDUCATIONAL PRESCHOOL
- SPECIAL SUMMER PROGRAM
- FULL OR PARTIAL DAYS
- CREDENTIALED STAFF
- EASY FREEWAY ACCESS

FIRST STEPS
Learning Center

1000 UPPER HAPPY VALLEY ROAD
LAFAYETTE, CALIFORNIA
283-4048


AaBbCc
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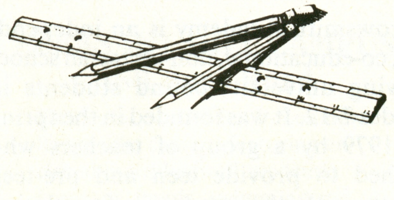
A
FARM IS A VERY INTERESTING PLACE TO VISIT. IT IS HOME FOR ALL
MATH



Contra Costa Resources

LIBRARY
Contra Costa Library
952 Moraga Rd. 283-3872

There is one branch of the Contra Costa Library System in Lafayette. The library provides book collections for adults, young and children; basic reference books and a trained staff of librarians; magazines and newspapers; casettes and records; pamphlets, college catalogs, maps, telephone books and large print books.

A library card is available free upon presentation of identification with a current address. Applications for children under 13 require a parent's signature. Library cards may be used at any library within the Bay Area Library and Information System (B.A.L.I.S.). B.A.L.I.S. libraries include Alameda County, Berkeley, Oakland, Richmond and San Francisco Public Libraries.

Patrons may borrow any reasonable number of materials. There is a two-week loan period with all materials due on Tuesday. Books not on request for another patron may be renewed, in person, at any branch. Materials may be returned to any branch in the system. A fine of 5¢ per day is charged for overdue items to a maximum of $3.00 per item, 50¢ maximum per item for children's books.

Hours: Monday and Wednesday, 12 to 8 p.m.; Tuesday and Thursday, 10 a.m. to 6 p.m.; Friday and Saturday, 1 p.m. to 5 p.m.; closed Sunday.

Contra Costa Sun
P.O. Box 599
3680 Mt. Diablo Blvd. 284-4444

The Lafayette Sun was originally established in 1936 and is now known as the *Contra Costa Sun* serving a population of over 50,000 people in the tri-communities of Lafayette, Orinda and Moraga.

The Sun features complete coverage of local news, features and high school sports. Two of the most popular sections include colorful features and news in both the People and Youth sections. An experienced staff of both news and advertising personnel who really care about the community, help to make this award winning publication a newspaper that's really involved with the community it serves.

Having a circulation of nearly 18,000 homes gives the Sun an 87% penetration into one of the most affluent markets in Contra Costa County. This, combined with a high readership, makes the *Sun* a strong buy for any advertiser who wants and needs the Lamorinda market.

The Sun is a division of Lesher Communications Inc. and has offices in both Lafayette and Moraga. For subscription information, call 376-1500.

Houses of Worship

Baptist
Calvary Baptist of Lafayette
3201 Stanley Boulevard ... 935-7507

Catholic, Roman
St. Perpetua's Catholic Church
3454 Hamlin Road 283-0272

Christian Disciples of Christ
Lafayette Christian Church —
Disciples of Christ
584 Glenside Drive 283-8304

Episcopal
St. Anselm's Episcopal
Church of Lafayette
682 Michael Lane 284-7420

Jewish
Temple Isaiah Synagogue
3800 Mt. Diablo
Boulevard 283-8575

Latter Day Saints
Lafayette Ward
3776 Via Grande 284-9990

Lutheran
Our Savior's Lutheran Church
1035 Carol Lane 283-3722

Non-Denominational
Sun Valley Bible Chapel
3111 Patty Way 934-1378

Presbyterian
Lafayette-Orinda Presbyterian Church
49 Knox Drive 283-8722

United Methodist
Lafayette United Methodist Church
955 Moraga Road 284-4765

A Family Tradition **Since 1892**

For nearly three quarters of a century, Hull's Walnut Creek Chapel has been providing the finest in . . .

TRADITIONAL FUNERALS, CREMATION, MEMORIAL & SCATTERING SERVICES.

Competitive Costs — No Membership Fees

ONE LOCATION MORTUARY • CREMATORIUM • COLUMBARIUM

HULL'S
Walnut Creek Chapel
1139 Saranap Ave. (Off Boulevard Way) • Phone 934-5400

Parks & Recreation

CONTRA COSTA COUNTY PARKS
General Information 671-0678

RESERVATIONS

At least two weeks in advance, arrangements may be made for youth group overnight camping, day camping and group picnicking in the parks by phoning the reservations office, 531-9043. There is a fee.

For persons within the District, reservations for the next calendar year are accepted beginning in November. Out-of-district requests are accepted the following February. It is possible to reserve the entire Little Hills Ranch Regional Recreation Area near Danville by phoning 582-1630. The Brazilian Building at Tilden Regional Park, popular for weddings, receptions, parties and business meetings or retreats, is reservable by phoning 540-0220.

PARKS

Briones Regional Park — 5,030 acres of picturesque land near Lafayette, Orinda, Pleasant Hill and Martinez. Enjoy an archery range, backpacking, hiking, equestrian, jogging or running trails; picnicking, reservable youth group camping; kite flying, self-guided nature trails, interpretive programs. Scenic terrain includes John Muir Nature Area, two small lakes and sweeping vistas of the Central Contra Costa area.

Chabot Regional Park — 4,674 acres east of Oakland-San Leandro.

Equestrian Center with horses for rent (escorted) and access to equestrian, hiking, jogging and running trails. Off Redwood Road between Oakland-Castro Valley are group camping areas available by reservation. The park also has a 67-acre motorcycle hill area, marksmanship range (fee), field and target archery range, backpacking access to East Bay Skyline National Trail, 73 trailer, tent and hike-in sites overlooking Lake Chabot, with showers, self-guiding nature trail and hiking-fishing access to Lake Chabot (camping fee); 18-hole Willow Park Public Golf Course, driving range (fee) and restaurant.

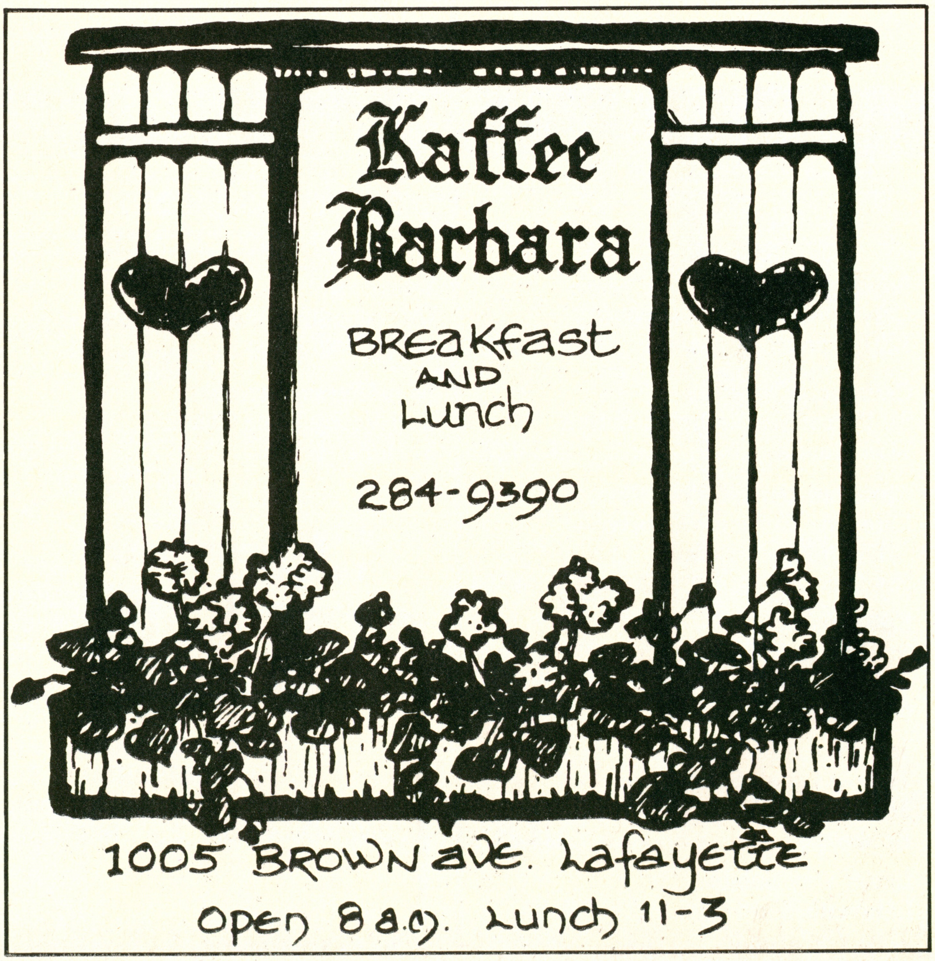
Contra Loma Regional Park — 771 acres one mile south of Antioch. In season, offers swimming and food concession. Year around sandy beach, fishing (permit fee), picnicking, kite flying, private boating (launching fee), turfed area, hiking, bicycling, birdwatching, equestrian, running and jogging trails.

Diablo Foothills Regional Park — 448 acres in Contra Costa County on the Western slopes of Mount Diablo. No facilities; not open except to give access via Briones to Mount Diablo Regional Trail from Shell Ridge in the Walnut Creek Open Space. Hikers must stay on trail.

Redwood Regional Park — 2,129 acres in Oakland and Contra Costa County. Picnicking, equestrian hunt field and trails, hiking, jogging and running trails, playfield, volleyball court, children's play area, exercise course, amphitheatre, fire circle, reservable group picnicking and youth group camping areas. Accessible to backpackers and horseback riders via East Bay Skyline National Trail (seasonal parking fee).

Tassajara Creek Regional Park — 451 acres north of Pleasanton. Affords a quiet, undeveloped place for picnicking, kite flying, hiking and equestrian use.

Tilden Regional Park — 2,065 acres in Berkeley. At Lake Anza in season, swimming, sandy beach, bathhouse complex, large turfed area, food concession (swim fee), year around fishing, interpretive programs, exhibits, puppet shows, Little Farm, Jewel Lake, all-weather nature trails. In other park areas, merry-go-round (fee), food concessions and children's playground, Redwood Valley Railroad (fee) and Golden Gate Live Steamers (scale-model steam locomotives), play fields, horseshoe pits, picnicking, Regional Park Native Plant Botanic Garden and Visitor Center, Inspiration Point, and hilltop vistas. Reservable areas for group picnicking and youth group camping. Hiking, bicycling, equestrian and jogging trails. Backpacking access via East Bay Skyline National Trail.


Kaffee Barbara
BREAKFAST AND LUNCH
284-9390
1005 BROWN ave. Lafayette
Open 8 a.m. Lunch 11-3

Wildcat Canyon Regional Park — 2,378 acres in the hills east of Richmond and north of Tilden Regional Park. Access from Tilden Nature Area and via Clark-Boas Trail. Offers bicycling, birdwatching, hiking, equestrian, jogging and running trails, kite flying, blanket picknicking, interpretive programs.

PRESERVES

Black Diamond Mines Regional Preserve — 3,809 acres on the flanks of Mount Diablo, south of Pittsburg and Antioch. Century-old Rose Hill cemetery, cultural archeological site operated by University of California, bicycling, hiking and equestrian trails, nature study, picnicking, birdwatching, mine tours (fee) by reservation and other interpretive programs.

Claremont Canyon Regional Preserve — 193 acres of Berkeley-Oakland hill land provides a hiker's pathway from the Berkeley flatlands to hill lands. Magnificent views along the way. Underdeveloped, no facilities. Access from Stonewall Road and Dwight Way.

Huckleberry Botanic Regional Preserve — 130 acres in Contra Costa County hills near Oakland. Entrance off Skyline Boulevard, four miles north of Snake Road intersection. Birdwatching, hiking, self-guided nature trail. Rare and beautiful native plants grow in the preserve. No horses allowed. Connects with East Bay Skyline National Trail.

Sibley Volcanic Regional Preserve — 381 acres in Oakland and Contra Costa County. Birdwatching, hiking, equestrian, jogging and running trails, kite flying, picnicking, self-guided geology trail following evidence of the park's volcanic past. Connects with East Bay Skyline National Trail and Skyline Bicycle Trail.

RECREATION AREAS

Kennedy Grove Regional Recreation Area — 95 acres near El Sobrante. Reservable group picnic areas, hiking, turfed play area, horseshoe pits, children's play area, volleyball courts. Senior Center planned.

Little Hills Ranch Regional Recreation Area — 100 acres in Bollinger Canyon west of Danville and San Ramon. Swimming pool, large stable and covered arena, hiking and equestrian trails, two pavilions, children's play area, turfed play field, barbecue and picnic facilities, horseshoe pits. Available only by reservation.

Roberts Regional Recreation Area & Redwood Bowl — 100 acres in Oakland at the western boundary of Redwood Regional Park. In season, swimming (Tuesday through Sunday) at heated outdoor swimming pool with bathhouse and food concession (swim fee). Year around group picnicking by reservation, family picnic areas, play fields, volleyball court, hiking, bicycling, jogging and running trails. Children's play area and wading pool. Redwood Bowl has group and family picnic sites — popular for outdoor weddings, field and target archery range. Trails connect with 1,619-foot Redwood Peak, highest point in the park. (Seasonal parking fee.)

Shadow Cliffs Regional Recreation Area — 249 acres in Pleasanton. In season, swimming off sandy beach with bathhouse, food concession and paved ramp to the lake for disabled. The Giant Rapids Waterslide operates from April through Labor Day (fee). Year around fishing in the lake, picnicking, volleyball courts, horseshoe pits, hiking, equestrian, jogging and running trails. Group picnicking by reservation. Rental boats available. Private boats permitted in lake only (launching fee). Connects with Alameda County bicycle trail along Stanley Boulevard between Pleasanton and Livermore. (Parking fee.)

Temescal Regional Recreation Area — 48 acres in Oakland. In season, swimming off sandy beach with bathhouse, food concession (swim fee). Year around fishing, picnicking, large turfed play areas, bicycling, hiking, jogging and running trails, group picnicking by reservation.

SHORELINES

Antioch Regional Shoreline — 7 acres on Bridgehead Road, Antioch. Offers year around fishing from 500 ft. pier (State Fishing License required). Other projected uses include picnicking and birdwatching.

Browns Island Regional Shoreline — 595-acre island in the Sacramento delta region north of Pittsburg. The island is the growing site for six rare and endangered plant species. A complete plant list is available on request. Also affords birdwatching, boating, fishing, special group use by arrangement.

Martinez Regional Shoreline — 343 acres in Martinez, with access via Ferry St. across from the Amtrak Station. Offers Joe DiMaggio baseball diamonds, marina and restaurant, birdwatching, boating and launching ramp, bocce ball courts, fishing, horse arena, kite flying, picnicking, salt water marsh, bicycling, hiking, jogging and running trails, interpretive programs. Jointly operated with City of Martinez.

Miller/Knox Regional Shoreline — 214 hill and shoreline acres at Pt. Richmond. Sunbathing and swimming off one-acre Keller's Beach at the north end, fishing, picnicking, kite flying, bicycling, hiking, jogging and running trails, reservable group picnicking areas. Spectacular views for those who hike the hills.

Oyster Bay Regional Shoreline — 194 acres currently in the process of development. Hiking and equestrian trails, meadows, playfields and picnic areas are planned. Not open.

Point Isabel Regional Shoreline — 21 acres on the bay at the foot of Central Ave., Richmond near the U.S. Postal Service Bulk Mail Center. Offers birdwatching, fishing, jogging and running trails, kite flying, picnicking, along with views of the Golden Gate and Marin County.

Point Pinole Regional Shoreline — 2,147 acres of land and water on the Richmond shoreline of San Pablo Bay with meadows, eucalyptus stands, rugged beaches, thriving marshes and spectacular bay views. Daily shuttle service (fee) from the parking lot to the 1,225-foot fishing pier at the Point. Four miles of shoreline to explore, bicycling, hiking, equestrian, jogging and running trails. Picnicking, nature study, horseshoe pits. State Fishing License required only when fishing from shore. (Seasonal parking fee.)

WILDERNESS

Las Trampas Regional Wilderness — 3,270 acres in the hills immediately west of Danville and Alamo, reached via Bollinger Canyon Road. Wilderness area, hiking, equestrian, nature study trails. Horse rentals at Las Trampas Stable next door to Little Hills Ranch. Permit trails through East Bay Municipal Utility District lands connect this park with Redwood and Chabot Regional Parks to the west. Picnic sites are near the entrance, or choose a spot along the trail.

TRAILS

Briones to Las Trampas Regional Trail

This 6-mile trail link with the Lafayette Ridge Staging Area on Pleasant Hill Road, makes it possible to hike from Briones or Mt. Diablo through downtown Lafayette and connects with the Lafayette/Moraga Trail.

Briones to Mount Diablo Regional Trail

This 12-mile trail connects Briones Regional Park with Mount Diablo State Park affording hikers, bicyclists and horseback riders scenic and interesting territory in between. Stage from Briones, Lafayette Ridge Staging Area on Pleasant Hill Road, Larkey and Heather Farms Parks in Walnut Creek and at Shell Ridge, a part of the Walnut Creek Open Space. From Shell Ridge the trail crosses Diablo Foothills Regional Park and connects with Mount Diablo.

Contra Costa Regional Trail — An 11-mile paved trail linking Concord, Walnut Creek and Pleasant Hill for bicycling, hiking and riding.

Cull Canyon Regional Trail — This is the first portion of the Chabot to Garin Trail with two miles between Cull Canyon Regional Recreation Area and the Chabot Staging Area. Combined length of trail is 4.5 miles.

East Bay Skyline National Trail — This 31-mile Regional trail, suitable for hiking, backpacking and horseback riding full-length and for bicycling in part, connects six Regional Parks. Beginning at Wildcat Canyon in Richmond, it progresses through Tilden, Sibley Volcanic, Huckleberry Botanic, Redwood and Chabot. Route of the trail connects with the entrance road to Chabot Family Camp (fee) near the southern end of the trail, Proctor Gate in Chabot, Castro Valley.

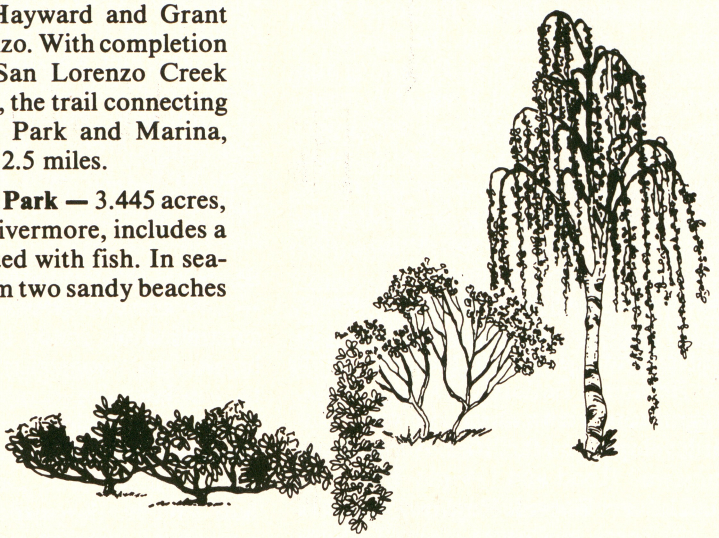
Lafayette/Moraga Regional Trail — This trail is a lovely facility which highlights the towns of Lafayette and Moraga. The trail offers hiking, bicycling, equestrian use, jogging and running. Try the popular exercise course along Saint Mary's Road, Moraga, across from the library.

Old Moraga Ranch Trail — 3.8 miles of trail near the town of Moraga. Access from hiking and horseback riding via East Bay Municipal Utility District — Valle Vista Staging Area on Canyon Road, east of Pinehurst Road and Oakland. (EBMUD permit required, phone 835-3000.)

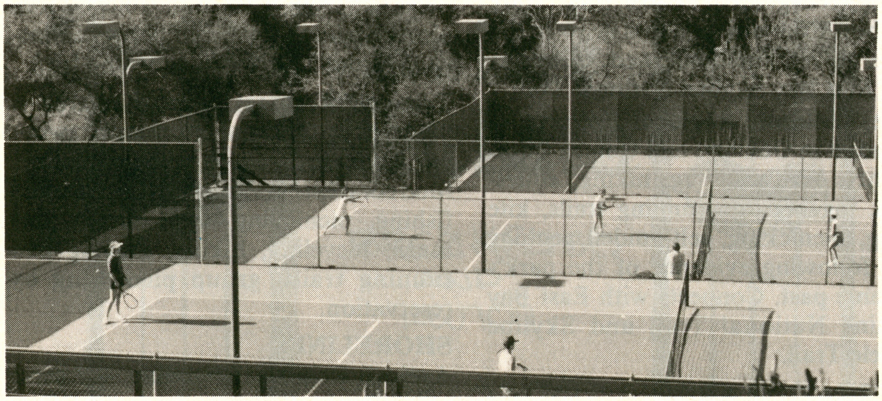
San Lorenzo Shoreline Regional Trail

A 2.5 mile trail connecting Hayward Regional Shoreline with San Lorenzo recently completed. Staging areas for the trail will be at the west ends of West Winton Avenue, Hayward and Grant Avenue, San Lorenzo. With completion of bridging over San Lorenzo Creek recently completed, the trail connecting with San Leandro Park and Marina, adds an additional 2.5 miles.

Del Valle Regional Park — 3.445 acres, 10 miles south of Livermore, includes a 750 acre lake planted with fish. In season, swimming from two sandy beaches with lifeguards on duty, visitor center, self-guiding nature trail and interpretive programs. Year round group picnicking and camping by reservation, sail boating, motor boating, rental boats. Tour boat, picnicking, fishing, hiking, equestrian, jogging and running trails. (Parking fee.)



LAFAYETTE TENNIS CLUB



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LAFAYETTE TENNIS CLUB

Clubs & Organizations

Below are listed several of the Clubs and Organizations that serve the residents of the Lamorinda area. Telephone numbers are listed for more information.

Art & Drama

Arts & Crafts Classes	284-2332
Children's Art Association	284-9179
Dramateurs, Inc.	283-2040
Lafayette Frantics	283-3525

Political

Lafayette Democratic Club	283-1747
Republican Headquarters	284-4096

Service Clubs

Lafayette Kiwanis Club	283-2307
Lafayette Lions Club	283-0974
Lafayette Rotary Club	939-7920
Soroptomist International of Lamorinda	284-1400

Sorority Alumnae

Alpha Delta Pi	284-7054
Delta Kappa Gamma — Beta Chapter	(707) 745-3801

Sports and Youth

Aquabers — AAU Swim Club	376-4525
Acalanes American Field Service	283-2682
Boys Scouts of America	935-2731
4-H Club	284-9743
Girl Scouts	283-3171
Laf-Moraga Youth Association	283-0390
Lamorinda Youth-Adult Council	283-0906
Little League	283-1259
Pop Warner Football	254-1379

Miscellaneous Clubs and Organizations

AAUW Orinda/Moraga/Lafayette	254-7530
Acalanes Masonic Lodge	284-9976
American Legion-Post 517	284-4672
Business & Professional Women's Club	254-2235
Friends of the Lafayette Library	284-4083
Grandmother's Club	935-0269
Lafayette Junior Women's Club	935-2800
Lafayette Escadrille	283-6898
Lafayette Garden Club	284-2220
Lafayette Historical Society	283-5251
Lafayette Improvement Association	284-4008
Lafayette Junior Women's Club	283-4666
Lafayette Langeac Society	283-0199
Lafayette Newcomers	283-1642
Lafayette Senior Recreation Center	284-5780
Las Juntas Toastmasters	933-1199
Las Trampas School	284-1462
League of Women Voters	283-2235
Planned Parenthood	284-1174

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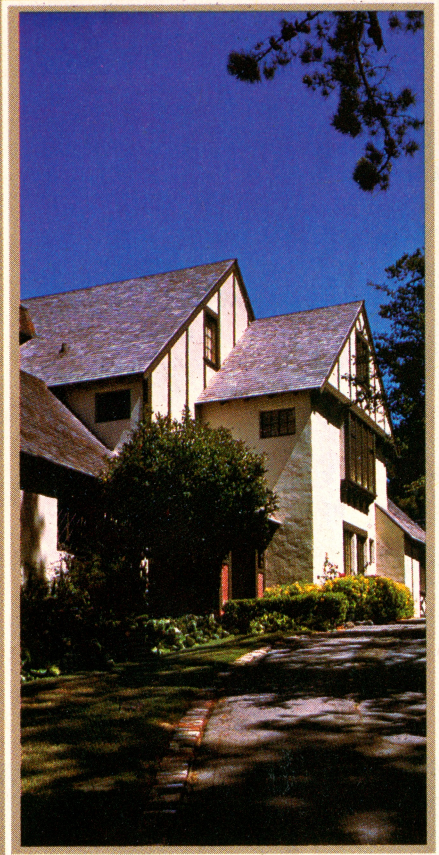

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For over 50 years Fox & Carskadon has led the way in Bay Area real estate. Whether you are a buyer, seller or investor you will find a consistent level of professionalism throughout our organization. Our 17 conveniently located offices are equipped with the latest tools and techniques of the industry to assist home buyers and sellers of fine Bay Area homes.

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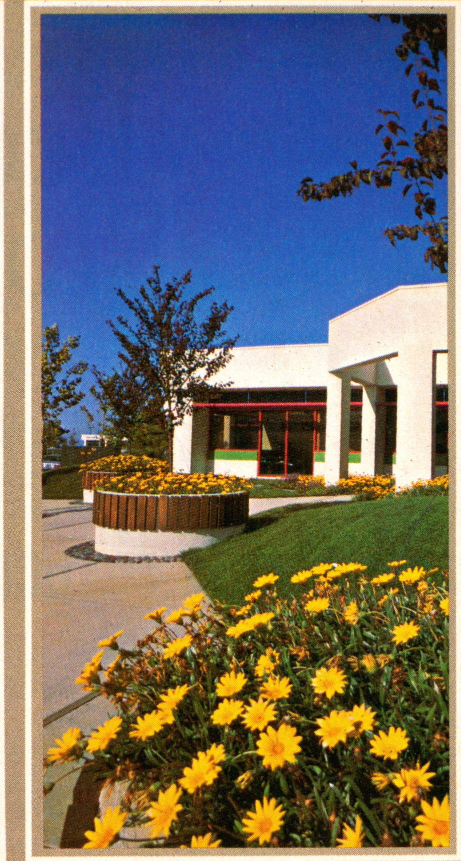

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Fox & Carskadon's Programmed Business Merchandising™ system has emerged as *the* way for knowledgeable business people and investors—buyers and sellers—to locate, investigate and acquire bona fide income opportunities both professionally and confidentially. Our local knowledge and experience provide Bay Area business owners and future owners a new level of competence and confidence.

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North San Mateo
430 El Camino Real
San Mateo, CA 94401
(415) 342-9070

Woodside
2983 Woodside Road
Woodside, CA 94062
(415) 851-2666

Foster City
1295 E. Hillsdale Blvd.
Foster City, CA 94404
(415) 574-1010

Montclair
2070 Mountain Blvd.
Oakland, CA 94611
(415) 339-8888

South San Mateo
951 El Camino Real
San Mateo, CA 94402
(415) 342-7701

Sunnyvale
333 El Camino Real
Sunnyvale, CA 94086
(408) 737-9333

Lafayette
999 Oak Hill Road
Lafayette, CA 94549
(415) 283-7000

Redwood City
222 El Camino Real
Redwood City, CA 94062
(415) 369-8050

Saratoga
12029 Saratoga/Sunnyvale
Saratoga, CA 95070
(408) 996-1100

South San Mateo
1222 El Camino Real
San Mateo, CA 94402
(415) 571-5690

Los Altos
495 So. San Antonio Road
Los Altos, CA 94022
(415) 948-8050

Redwood City
2183 Roosevelt Ave.
Redwood City, CA 94061
(415) 369-1533

Sharon Heights
325 Sharon Park Drive
Menlo Park, CA 94025
(415) 854-3010

Piedmont
1333 Grand Ave.
Piedmont, CA 94611
(415) 652-0522

Los Gatos
290 Saratoga Avenue
Los Gatos, CA 95030
(408) 354-5174

San Carlos
300 El Camino Real
San Carlos, CA 94070
(415) 595-2060

Walnut Creek
1655 No. California Blvd.
Walnut Creek, CA 94596
(415) 932-4888

San Ramon
3130 Crow Canyon Place
San Ramon, CA 94583
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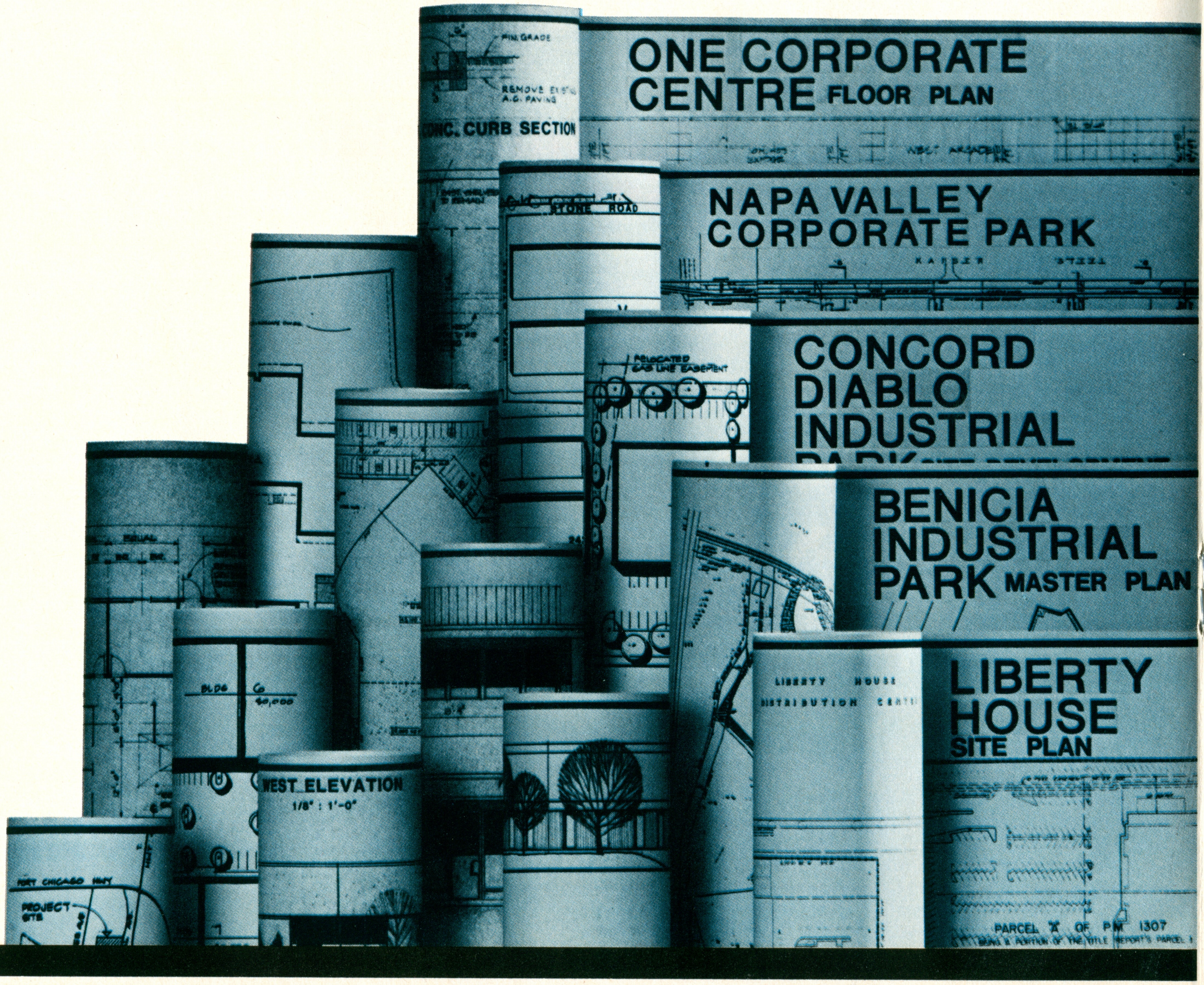
Whether you're thinking of a new start, a relocation, or an expansion you can be sure that progress begins when Bedford steps in. Shouldn't your blueprint for success include a call to Bedford.

BEDFORD PROPERTIES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LAFAYETTE CHICAGO WASHINGTON D.C. KANSAS CITY PORTLAND

Bedford Properties, which prides itself on being a significant developer in Lafayette, set up its corporate headquarters here more than 20 years ago. Then, as now, we are pleased to play a part in building a quality community, where many of us in the company both live and work.

Just as Lafayette has grown in the intervening decades, so Bedford has branched out from our first 7 Eleven store to developing shopping centers, industrial parks and office complexes throughout the United States. Each project is designed to exist in harmony with its surroundings, and to enhance both their quality and value.

Examples range from One Corporate Center, a 7-story suburban office building in neighboring Concord, to Corporate Terrace here in Lafayette, which filled up rapidly since its completion in April 1982 with the professional and service-oriented businesses that give this area its distinctive image.

Bedford is particularly aware of the importance of retaining the character of Lafayette and has always tried to compliment existing architecture when property is developed to meet current needs.

In completing the 2,900 square foot addition to Colonel Garrett's all-brick structure, which we refer to as the Pringle Building, we've purposefully retained its original architectural form.

Another major project, Lafayette Terrace (on the site of the old Lafayette Hardware building), offering 50,000 square feet of office space in a fully landscaped setting, will break ground in April, 1984.

Bedford's La Fiesta Square has become an important retail area, contributing significantly to the sales tax revenues which comprise one-third of Lafayette's income.

Convinced that we must look to the leadership in our communities to secure the quality of life we want to preserve, Bedford Properties is committed to being both responsive and responsible in its role as a major economic force in the city's planned development efforts through the creation of quality projects.

Lafayette is truly a very special place. We're pleased to be a part of its past and present, and look forward to contributing to its future. Everyone working for Bedford Properties is committed to the goal of building quality and creating value.

Peter Bedford

PETER B. BEDFORD
President

Corporate Terrace

Bedford Properties Headquarters
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ERNIE'S DELI 3425 Mount Diablo Boulevard	283-7493	
The Gristmill 100 Lafayette Circle, #101	284-4948	*See Advertisement on Page 31*
THE HUNGRY HUNTER 3201 Mount Diablo Boulevard	938-3938	*See Advertisement on Page 30*
JACK-IN-THE-BOX 3407 Mount Diablo Boulevard	284-1371	
KAFFEE BARBARA 1005 Brown Avenue	284-9390	*See Advertisement on Page 22*
LA RUE RESTAURANT 3740 Mount Diablo Boulevard	284-5700	*See Advertisement on Page 30*
LAFAYETTE GARDEN COURT RESTAURANT 3300 Golden Gate Way	284-1711	*See Advertisement on Page 1*

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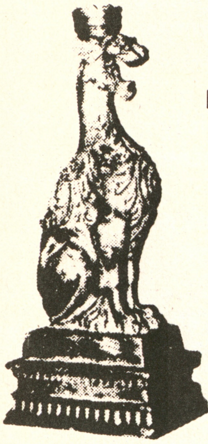

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LUKES	3474 Mount Diablo Boulevard	283-3561	
MILLIE'S KITCHEN	1018 Oak Hill Road	283-2397	
MR. STEAK	3444 Mount Diablo Boulevard	284-4922	
PETAR'S	32 Lafayette Circle	284-7117	*See Advertisement on Page 30*
RAINBOW CAFE	3685 Mount Diablo Boulevard, #120	284-2522	
THE ROCKING HORSE RESTAURANT	3707 Mount Diablo Boulevard	284-4550	*See Advertisement on Page 32*
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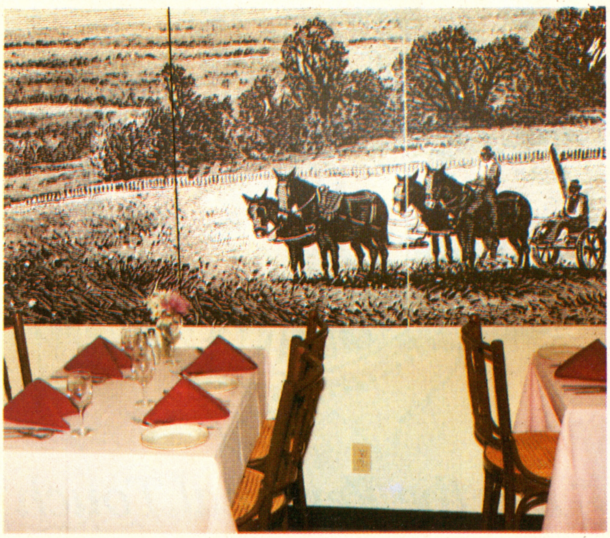

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The Rocking Horse has a very comfortable atmosphere with cool blues and light greys throughout, accented by the orange and red tones that color the natural redwood walls and booths found in the dining room.

For a relaxing cocktail or delectable appetizer, the Rocking Horse Lounge is just the right spot for you. Weekends you can enjoy hearing live entertainment in the lounge after 8:30 p.m. Monday nights are always a fun get-together when the Rocking Horse presents Jazz Jam Night. For large functions, the Rocking Horse Banquet Room seats up to 50. The dining room serves brunch, lunch and dinner.

Brunch includes both breakfast and lunch entrees such as Eggs Benedict, Seafood Omelets, French Toast and Roast Beef on a garlic roll. With your entree you get your choice of an 'eye-opener' such as a glass of champagne, Bloody Mary or fresh squeezed orange juice. Also included is a fresh fruit cocktail and home baked muffins. Prices range from $4.50 to $7.95.

At lunch the Rocking Horse is known for an interesting daily menu which features imaginative salads, special sandwiches and fresh seafood. Prices range from $3.95 to $7.95.

For dinner, they feature a different menu each week, with seasonal dishes and daily fresh seafood specials. There are traditional favorites with a twist, such as fresh mesquite-broiled swordfish with orange-chive butter. One of the more unusual combinations is veal sauteed with wild chantrelle mushrooms. Prices range from $7.95 to $13.95, with occasional specials, such as Abalone, being higher. All dinners include your choice of homemade soup or tossed green salad.

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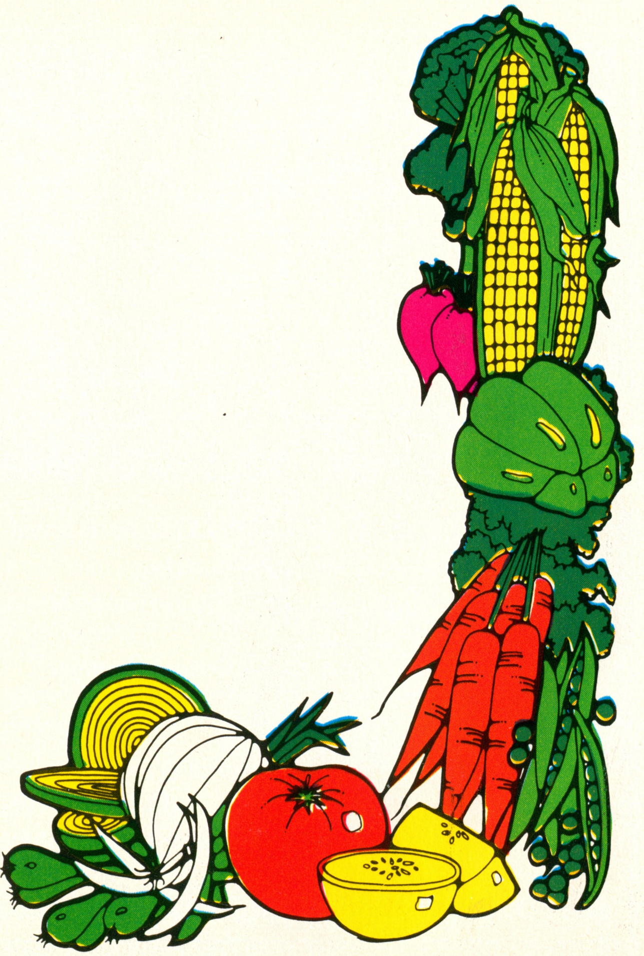
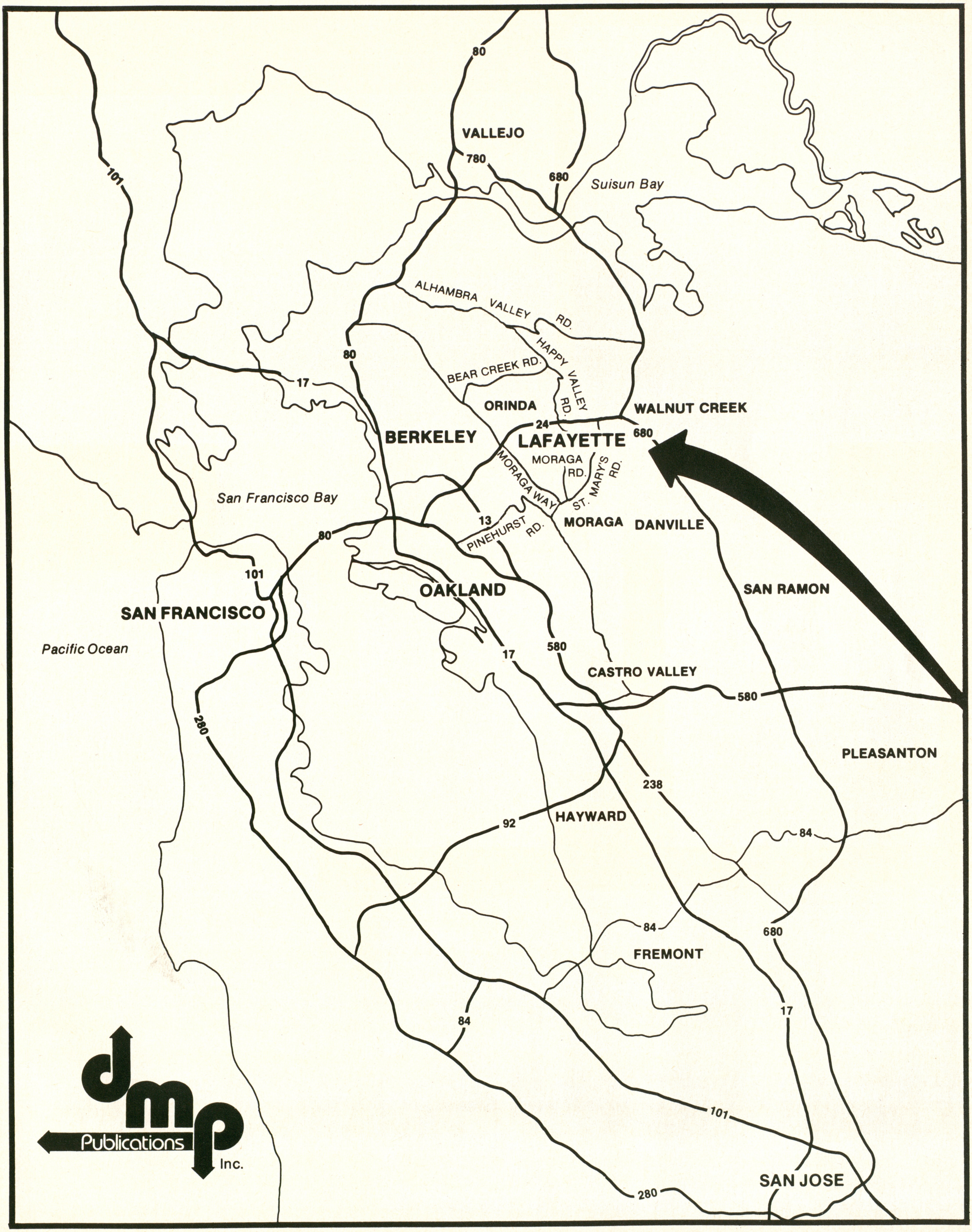


Locator Map


80
VALLEJO
780
680
Suisun Bay
101
ALHAMBRA VALLEY RD.
HAPPY VALLEY RD.
BEAR CREEK RD.
80
17
ORINDA
WALNUT CREEK
24
BERKELEY
LAFAYETTE
680
MORAGA RD.
MORAGA WAY
ST. MARY'S RD.
San Francisco Bay
13
PINEHURST RD.
MORAGA
DANVILLE
80
101
OAKLAND
SAN RAMON
SAN FRANCISCO
Pacific Ocean
17
580
CASTRO VALLEY
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PLEASANTON
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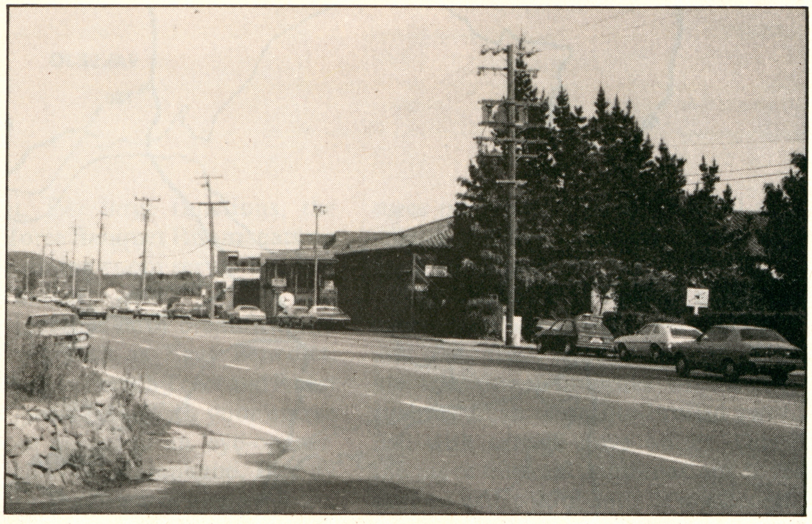
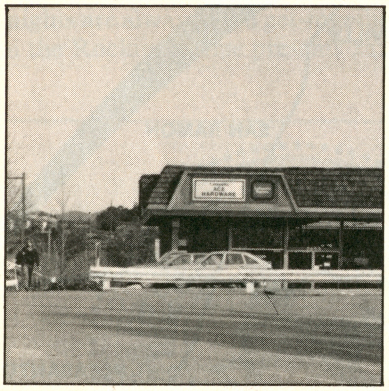
Lafayette Shopping Areas





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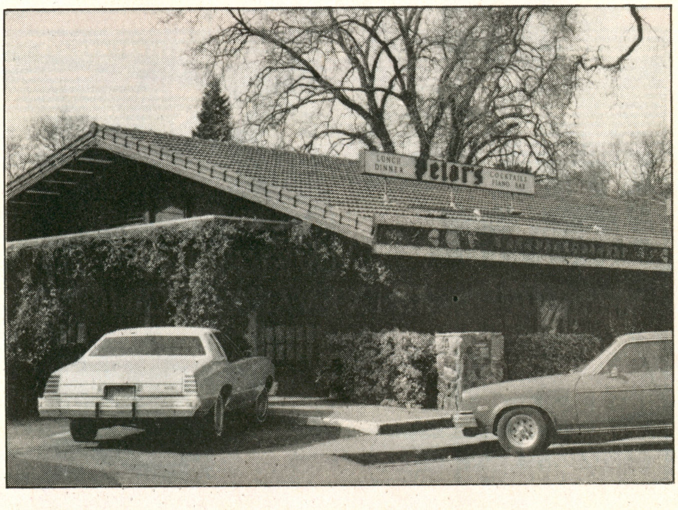
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DINNER
Peter's
COCKTAILS
PIANO BAR

Buyers' Guide

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WEBB & ASSOCIATES
985-A South Thompson Road 283-1733

WILLIAM WOODBURY & ASSOCIATES
3717 Mount Diablo Boulevard 284-1456

Air Conditioning Equipment & Systems

Moraga Road Mobile Service
960 Moraga Road 284-1076
See Advertisement on Page 39

Answering Services

A.B. COMMUNICATIONS SYSTEMS
261 Lafayette Circle 284-4400

BRANCH OFFICE — USA
935 Mountain View Drive 283-6302

EXPERT ANSWERING SERVICE
3520 Golden Gate Way, #C 283-5511

Antique Dealers

OAKLAND ANTIQUE WAREHOUSE
969 Moraga Road 284-7810

Apartments

HILLSIDE MOTEL
3748 Mount Diablo Boulevard 283-8200
See Advertisement on Page 49

Apartments — Senior Citizen

CHATEAU LAFAYETTE
3512 Moraga Boulevard 283-2727

Architects

COLLIER ASSOCIATES
39 Quail Court, Suite 305 945-1070

E.G. CRAIG, ARCHITECT
3740 Mount Diablo Boulevard 284-1345

HIRSH MORTON & ASSOCIATES
251 Lafayette Circle, Suite 350 283-3278
See Advertisement on Page 42

Art Galleries

BARCLAY SIMPSON FINE ART
3669 Mount Diablo Boulevard 284-7048

THE PRINT GALLERY
963-A Moraga Road 283-4668
See Advertisement on This Page

Artificial Flowers, Plants & Trees

SUNFLOWERS & SAGE
3416 Mount Diablo Boulevard 283-7694
See Advertisement on This Page

Artists Equipment & Supplies

FIESTA PAINTS
30 Lafayette Circle 284-4353
See Advertisement on Page 50

The Print Gallery

OUR SPECIALTY IS FRAMING
"WE'LL FRAME ANYTHING"

PRINTS • POSTERS
FINE ART
CUSTOM FRAMING

415-283-4668

963-A Moraga Road
La Fiesta Square
(next to Cake Box)
Lafayette

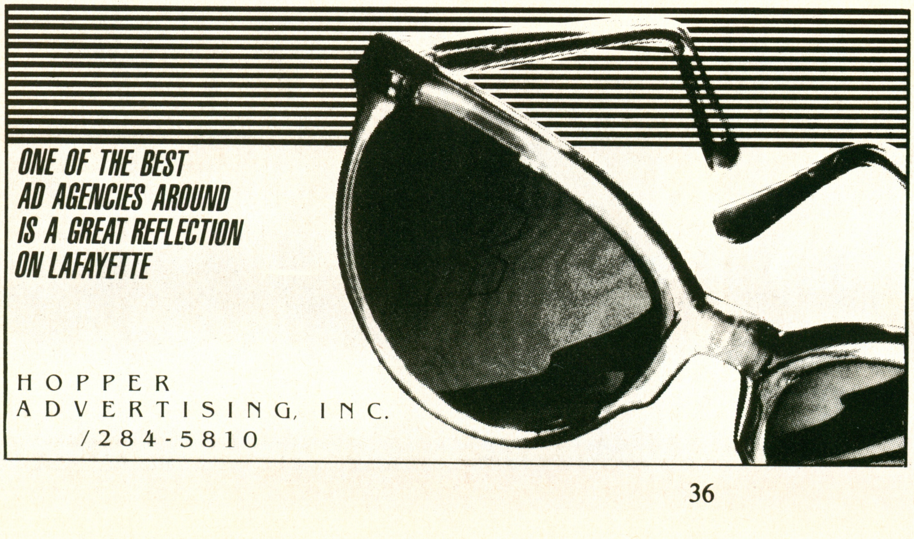
P & L FRAMING

Sunflowers & Sage

3416 Mt. Diablo Boulevard
(located in The Forge)
Lafayette, CA 94549 ***415-283-7694***

Featuring country accessories, gifts and antiques. Specializing in dried flowers, wreaths, arrangements, herbs and topiaries.

Tuesday–Saturday — 10–5



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ADVERTISING, INC.
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A Growing Accounting Firm to Meet the Needs of a Growing Community

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Moraga, CA 94556

284-2112

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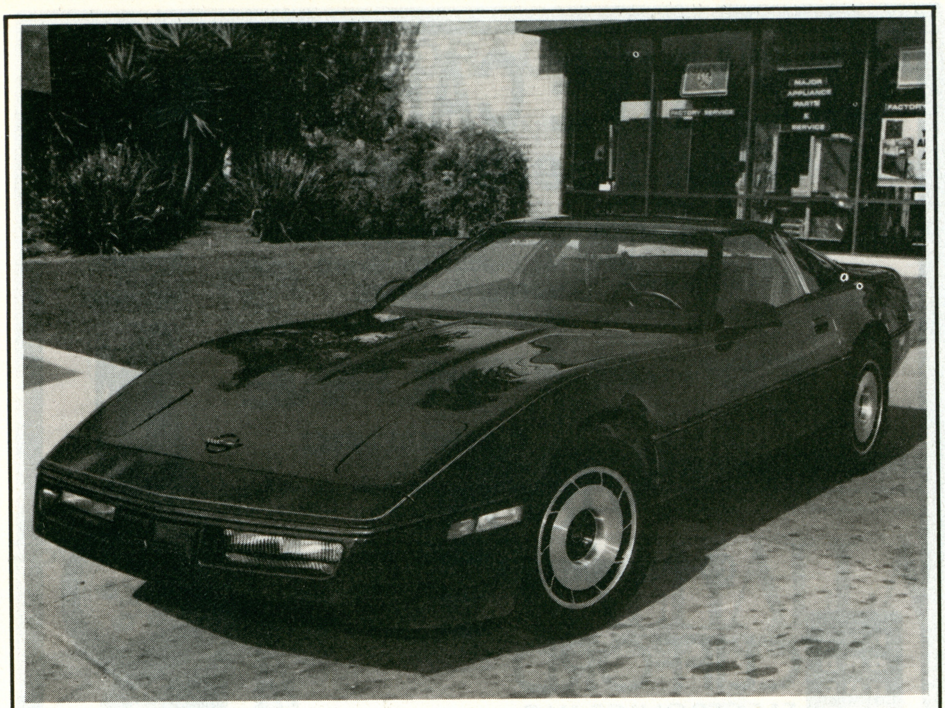

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(415) 930-9750

3370 Mount Diablo Boulevard, Lafayette, CA 94549

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We want to be your car care center.

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CAR WASH

FEATURING: ALL CLOTH BRUSHES and supported by our famous Classic Car Wash Guarantee

THE CLASSIC CAR WASH GUARANTEE

Classic Car Wash guarantees that the services you purchase at any of our locations:

1. Will be performed in total compliance with our *Classic Car Wash* Service policies;
2. Will be performed to your satisfaction, and
3. Will meet your approval or we will completely re-wash your vehicle at no extra charge.

Professional Shoeshine Service Ask for Skip

Complimentary Coffee

For more Information call:
415-283-1190

3319 Mt. Diablo Boulevard, Lafayette, CA 94549

Attorneys

HARRY DUCEY, ATTORNEY
3483 Golden Gate Way 284-7950

MALLOT, PEDDER & STOVER
3445 Golden Gate Way 283-6816

Automobile Alarm Systems

CREATIVE CAR STEREO
3593 Mount Diablo Boulevard 283-3132
See Advertisement on Page 38

Automobile Dealers — New

BUTLER-CONTI, INC.
3434 Mount Diablo Boulevard 284-4491

European Motors, Limited
2915 Broadway 832-6030
See Advertisement on Page 2

Automobile Dealers — Used

European Motors, Limited
2915 Broadway 832-6030
See Advertisement on Page 2

Automobile Detailing & Polishing

CLASSIC CAR WASH OF LAFAYETTE
3319 Mount Diablo Boulevard 283-1190
See Advertisement on This Page

Automobile Leasing & Renting

Bill Celli Leasing
3190-B Old Tunnel Road 930-9750
See Advertisement on This Page

European Motors, Limited
2915 Broadway 832-6030
See Advertisement on Page 2

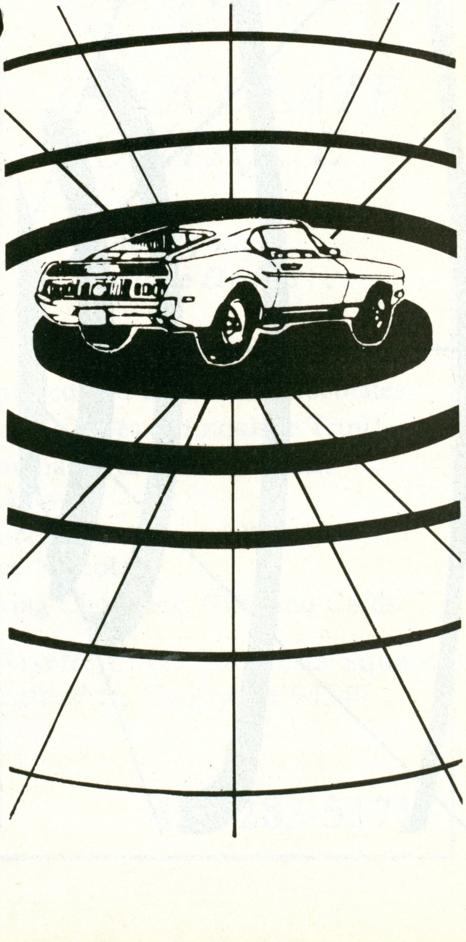
Automobile Parts & Supplies

LAFAYETTE AUTO PARTS
3325 Mount Diablo Boulevard 284-4495

Automobile Radios & Stereophonic Systems — Sales & Service

CALIFORNIA CAR STEREO & ALARM
3483 Golden Gate Way 283-2570

CREATIVE CAR STEREO
3593 Mount Diablo Boulevard 283-3132
See Advertisement on Page 38



Automobile Repairing & Service

DOMESTIC AUTO & TRUCK REPAIR, INC. 3325 Mount Diablo Boulevard	284-9003
Ernie Everett Chevron Service 3632 Mount Diablo Boulevard *See Advertisement on Page 53*	284-9869
European Motors, Limited 2915 Broadway *See Advertisement on Page 2*	832-6030
LE GAS SOUTH AUTOMOTIVE 3589 Mount Diablo Boulevard *See Advertisement on Page 12*	284-9915
Moraga Road Mobile Service 960 Moraga Road *See Advertisement on Page 39*	284-1076
Valhalla Automotive 3453 Golden Gate Way *See Advertisement on Page 39*	284-2844

Automobile Stereo

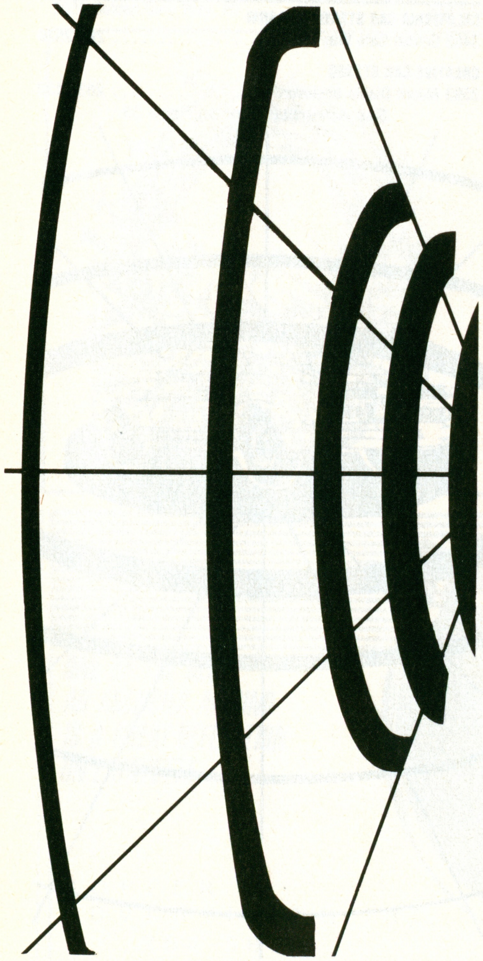
CREATIVE CAR STEREO 3593 Mount Diablo Boulevard *See Advertisement on This Page*	283-3132

Automobile Tune Up Service

Ernie Everett Chevron Service 3632 Mount Diablo Boulevard *See Advertisement on Page 53*	284-9869
Moraga Road Mobile Service 960 Moraga Road *See Advertisement on Page 39*	284-1076

Bakers — Retail

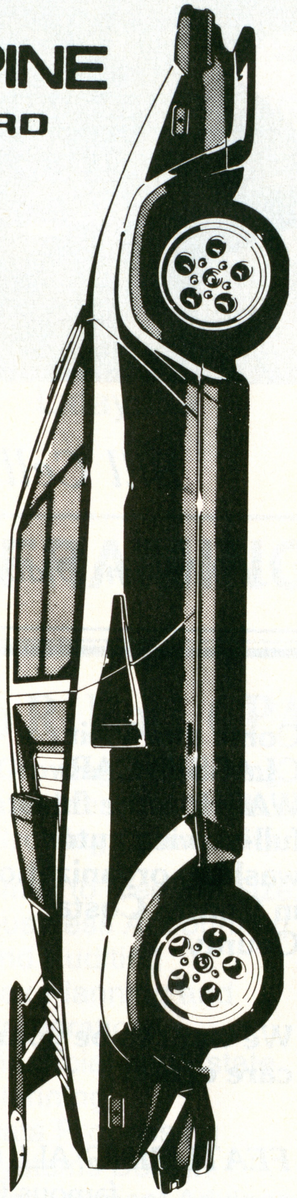
BRYT'S BAKE SHOP 3518 Mount Diablo Boulevard *See Advertisement on Page 39*	284-2396
THE CAKE BOX 3527 Wilkinson Lane	283-0520
CHOCOLATE AFFAIR 55 Lafayette Circle *See Advertisement on Page 39*	283-5171



CREATIVE CAR STEREO

"Don't Settle for Less"

SALES • SERVICE • INSTALLATION
3593 Mt. Diablo Boulevard
Lafayette, CA 94549
(415) 283-2132



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Lafayette, CA 94549
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ALL WORK GUARANTEED

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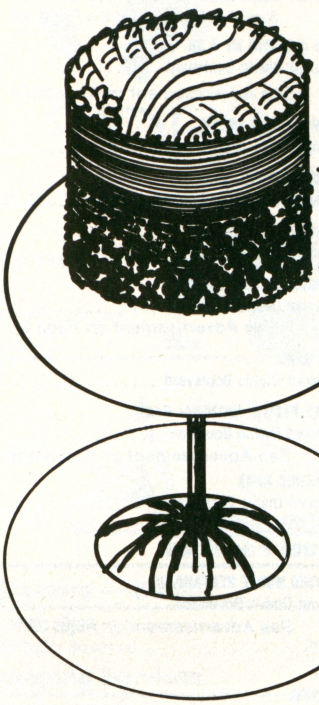
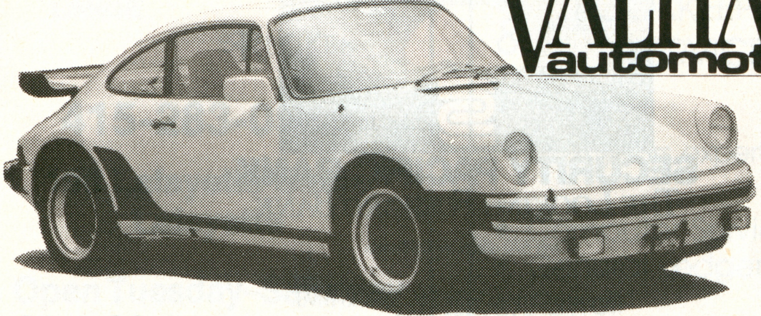
415-284-1076

960 Moraga Road, Lafayette, CA 94549



356·912·911·914·944·928

VALHALLA automotive



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"Decorated Birthday
& Wedding Cakes
Created Especially
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Our Specialty Pink
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LAFAYETTE'S ONLY CHOCOLATE BOUTIQUE

For all of your Chocolate Desires . . .

Chocolate Affair

- Imported and Domestic Chocolates
- Over 30 Types of Exquisite Truffles
- Champagne & Chocolate Gift Baskets
- Chocolate Tortes and Pastries — from "Cocolat"
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Open Monday–Saturday
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Gift Wrapping & UPS Shipping

415-283-5171

Banks

AMERICAN SAVINGS & LOAN
3690 Mount Diablo Boulevard 283-8930
See Advertisement on Page 52

BANK OF AMERICA NT & SA
3530 Mount Diablo Boulevard 944-2801
See Advertisement on This Page

BANK OF WALNUT CREEK
1400 Civic Drive, Walnut Creek 932-5353

FIRST COMMERCIAL BANK
3528 Mount Diablo Boulevard 284-5400

HIBERNIA BANK
3498 Mount Diablo Boulevard 827-5030

LAMORINDA NATIONAL BANK
3684 Mount Diablo Boulevard 283-7200
See Advertisement on Page 3

LLOYDS BANK
3583 Mount Diablo Boulevard 284-7072

SECURITY PACIFIC NATIONAL BANK
3459 Mount Diablo Boulevard 283-1500
See Advertisement on This Page

WELLS FARGO BANK
3630 Mount Diablo Boulevard 284-9100

Banquet Facilities

THE ROCKING HORSE RESTAURANT
3707 Mount Diablo Boulevard 284-4550
See Advertisement on Page 32

Barbers

Shear Classics
3539 Plaza Way 284-7407
See Advertisement on This Page

Beauty Consultants

YVONNE-BEAUTY CONSULTANT
3580 Brook Street, #2 283-8465

Beauty Salons

BARB & FRIENDS
1001 Oak Hill Road 283-1059

BOBBIE FREITAS
3483 Golden Gate Way 283-1808

CLASSIC TOUCH
87-D Lafayette Circle 254-6746
See Advertisement on This Page

Fingers and Toes
1010 Oak Hill Road 283-4344
See Advertisement on Page 41

HAIR ASSOCIATES
11 Fiesta Lane 283-2598

HAIRITAGE
286 Lafayette Circle 284-4771

Nails Nails Nails
3422 Mount Diablo Boulevard 283-4933
See Advertisement on Page 41

ROBAIRES'S BODY CARE SALON
271 Lafayette Circle 283-7840

SUITE 102 HAIR DESIGN
100 Lafayette Circle 283-0565
See Advertisement on Page 41

Shear Classics
3539 Plaza Way 284-7407
See Advertisement on This Page

W.W. Robels Hair Design
3483 Golden Gate Way 283-2893
See Advertisement on Page 41

Blue Print Service

DIABLO RAPID PRINT, INC.
3511 Mount Diablo Boulevard 283-6610
See Advertisement on Page 26

CALIFORNIA'S LEADING BANK SALUTES ONE OF CALIFORNIA'S LEADING COMMUNITIES.

LAFAYETTE

LAFAYETTE BRANCH
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Bank of America

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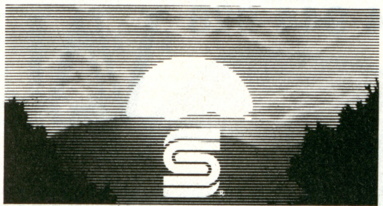

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THE LOOKING FORWARD BANK

Over 620 offices in California

Lafayette Office: 3459 Mt. Diablo Blvd.
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Diane C. Backowski, Manager

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hair styling for men & women
perms • colors • sets

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(off Moraga Road)

FOR APPOINTMENT

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a nail, facial and make-up salon

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87 LAFAYETTE CIRCLE • LAFAYETTE
MONDAY THROUGH SATURDAY

SUITE 102

HAIR DESIGNS
FOR MEN & WOMEN

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- PRECISION HAIR CUTTING
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- HAIR COLORS
- PERMANENTS

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Lafayette

Open Tuesday–Saturday by Appointment

V. W. Robles
hair design

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Lafayette, California
94549

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- Sculptured Nails
- Manicures
- Pedicures
- Linen Wraps
- Tips

FINGERS & TOES

My Superior Formula Takes the worry out of having beautiful nails

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in Lafayette
(2 doors down from Millies)

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28 years experience

- Computer Services
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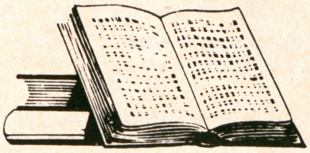
- Payroll
- Accounts Receivable
- Accounts Payable
- Job Costing
- Word Processing

283-4663

3665 Mt. Diablo Blvd.
Lafayette, CA 94549

Susan Briant Manager



Book Dealers — Retail

LAFAYETTE BOOK STORE
3631 Mount Diablo Boulevard 284-1233

Bookkeeping Services

L & B BOOKKEEPING SERVICE
3665 Mount Diablo Boulevard 283-4663
See Advertisement on This Page

Brake Service

Ernie Everett Chevron Service
3632 Mount Diablo Boulevard 284-9869
See Advertisement on Page 53

GREG'S MUFFLERS
3329 Mount Diablo Boulevard 283-0323
See Advertisement on Page 55

Moraga Road Mobile Service
960 Moraga Road 284-1076
See Advertisement on Page 39

Valhalla Automotive
3453 Golden Gate Way 284-2844
See Advertisement on Page 39

Breakfast Houses

KAFFEE BARBARA
1005 Brown Avenue 284-9390
See Advertisement on Page 22

Bridal Gowns & Accessories

THE BRIDAL STATION
1018 Almanor Lane 284-9771

Nails Nails Nails

Let our hands help your hands . . .

3422 Mt. Diablo Boulevard — "In The Forge" — Lafayette

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3188 Cordova Way 284-1120

Business Consultants

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3433 Golden Gate Way, #2 930-9833

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835 Moraga Road 283-3276

NATIONAL BUSINESS BROKERS
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BARBARA SHAW SEMINARS
1222 Cambridge Drive 283-6929

Business Services — Miscellaneous

OAK HILL BUSINESS SERVICES
3704 Mount Diablo Boulevard 283-1973

Cabinets — Custom Made

The Cabinet Gallery
1585 Botelho Road 930-7410
See Advertisement on This Page & Page 43

Candy & Confectionery — Retail

THE CHOCOLATE AFFAIR
55 Lafayette Circle 283-5171
See Advertisement on Page 39

Carpets & Rugs, Dealers — New

FRANKLIN FLOOR COVERINGS
1037 Blackwood Lane 284-1959

PACIFIC COAST FLOORING & DECOR, INC.
3405 Hall Lane 284-1333
See Advertisement on Page 43

Caterers

BRYT'S BAKE SHOP
3518 Mount Diablo Boulevard 284-2396
See Advertisement on Page 39

JUDY & LYNN'S CATERING
P.O. Box 222, Rhreem, 94570 284-5671

SAM'S OF LAFAYETTE
3425 Mount Diablo Boulevard 283-7493
See Advertisement on This Page

VILLANOVA CATERERS
1018 Almanor Lane 284-2636

Chambers of Commerce

LAFAYETTE CHAMBER OF COMMERCE
1003 Oak Hill Road 284-7404

Child Care Centers

The Child Day Schools of Lafayette & San Ramon
1049 Stuart Street 284-7092
See Advertisement on Page 18

Children's Shoes

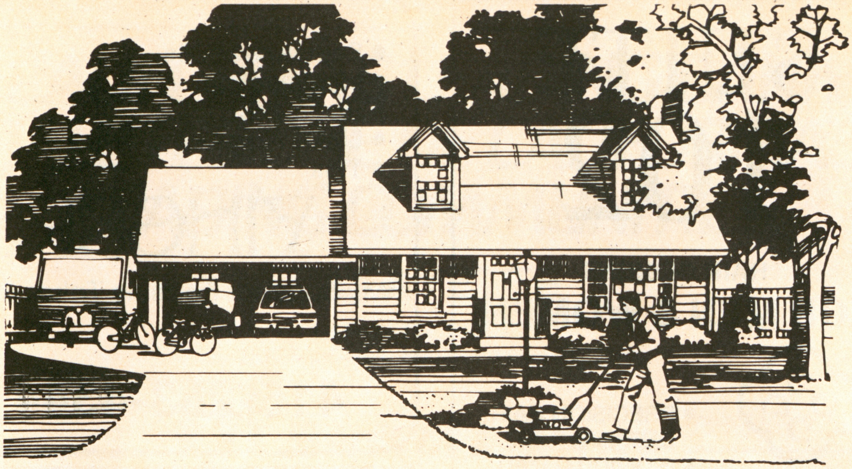
SUTTON'S SHOE STORE
983 Moraga Road 283-6252
See Advertisement on Page 53

Chiropractic Doctors

LAFAYETTE CHIROPRACTIC GROUP
3462 Mount Diablo Boulevard 283-8140

Chocolates

THE CHOCOLATE AFFAIR
55 Lafayette Circle 283-5171
See Advertisement on Page 39



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(415) 283-7493

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Delicatessen & Wines
A superb selection of California's finest wines
Domestic and imported Beer
Complete Variety Meats - Cheeses
Party Platters our Specialty
DELI-CIOUS SANDWICHES

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Member of Chamber of Commerce
Since 1963

Hirsh Morton & Associates
architects & planners · inc
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lafayette · california · 94549
tel (415) 283 · 3278

The Cabinet Gallery
Since 1960

Showroom and Design Studio

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Member: National Kitchen and Bath Association

Executive Suites and Hospitality Centers

1585 Botelho Drive · Walnut Creek

lic. B 208019

ph: 930 · 7410

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3201 Stanley Boulevard 935-7507

LAFAYETTE-ORINDA PRESBYTERIAN CHURCH
49 Knox Drive 283-8722

UNITED METHODIST CHURCH
955 Moraga Road 284-4765

City Council

S. Thomas Cleveland
3830 Palo Alto Drive 284-1968

Richard Holmes
3841 Palo Alto Drive 284-1968

Ned Robinson
1195 Glen Road 834-2220

Gayle Vilkema
670 Sky Hy Circle 283-0548

Avon Wilson
14 Richelle Court 283-3373

Cleaners

CHEN-DRY EAST BAY
38 Kazar Court, Moraga 376-2582

Clocks — Service & Repair

CLOCKS, ETC.
3401 Mount Diablo Boulevard 284-4720

Clubs and Organizations

LAFAYETTE JUNIOR WOMEN
P.O. Box 241

Cocktail Lounges

PETAR'S RESTAURANT & BAR
32 Lafayette Circle 284-7117
See Advertisement on Page 30

Columbariums

Hull Walnut Creek Chapel
1139 Saranap Avenue 934-5400
See Advertisement on Page 21

SERVING ALL OF CONTRA COSTA

SAMPLES SHOWN IN YOUR HOME OR OFFICE

VISIT OUR PCF DESIGN CENTER

HARDWOOD FLOORS

HARDWOOD FLOORS • CARPET
LINOLEUM • CERAMIC TILE

EXPERT INSTALLATION

Pacific Coast Flooring

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284-1333

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- offices

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Commercial & Corporate Space Planning

Wilson-Patterson Design Associates
3540 Wilkinson Lane 283-7337
See Advertisement on This Page

Community Service Organizations

LAFAYETTE LIONS CLUB
919 Anita Court 283-0974

Computers — Dealers

COMPUTERLAND OF LAFAYETTE
3466 Mount Diablo Boulevard 283-1590

Conference Rooms

EXECUTIVE CENTER OF LAFAYETTE
3470 Mount Diablo Boulevard, Suite 150 283-4444
See Advertisement on Outside Back Cover

The Cabinet Gallery
Since 1960

Showroom and Design Studio

RUTT

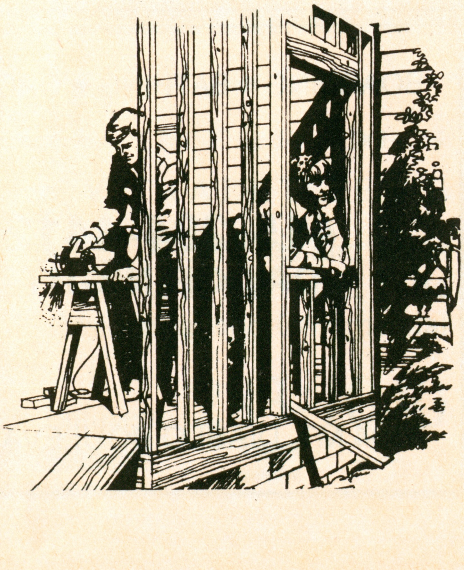
Member: National Kitchen and Bath Association

Cabinetry for Every Room

1585 Botelho Drive · Walnut Creek

lic. B 208019

ph: 930·7410



SCOTTY
RENTS · INC.

OPEN 7 DAYS A WEEK
MONDAY THROUGH FRIDAY — 7:30–5:30
SATURDAY — 8:00–5:00 SUNDAY 9:00–3:00

- DIRT MOVING EQUIPMENT
- PAINT SPRAYERS • WATER PUMPS
- HAND TOOLS • POWER TOOLS
- MOVING EQUIPMENT
- HOME CARE EQUIPMENT
- CONTRACTOR'S EQUIPMENT
- WELDING EQUIPMENT
- GARDEN AND YARD EQUIPMENT
- TRENCHING EQUIPMENT — BACKHOES
- CHAIN SAWS • WEED CUTTERS
- PLUMBING TOOLS • AUTO TOOLS

3380 Mt. Diablo Blvd., Lafayette **284-4595**
2098 Monument Blvd., Pleasant Hill **827-1742**

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LAFAYETTE

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Gifts for all occasions . . .
. . . with Personalized Service

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(SINCE 1933)

3394 MT. DIABLO BOULEVARD • LAFAYETTE, CA 94549

Contractors Equipment — Rental

SCOTTY RENTS, INC.
3380 Mount Diablo Boulevard 284-4595
See Advertisement on This Page

Contractors — Building General

Equiden
3249 Mount Diablo Boulevard 945-0280
See Advertisement on Page 8

OWEN W. HASKELL, INC.
71 Lafayette Circle 284-5100

PEACOCK CONSTRUCTION COMPANY
36978 Mount Diablo Boulevard 283-4550
See Advertisement on Page 45

TRANS-BAY CONSTRUCTION COMPANY
3470 Mount Diablo Boulevard 283-6233

JOHN WILSON CONSTRUCTION
3708 Mount Diablo Boulevard 283-5911

Coffee Service

ASSOCIATED SERVICES
981-E Bancroft, Concord 932-2739

Copying & Duplicating Services

DIABLO RAPID PRINT, INC.
3511 Mount Diablo Boulevard 283-6610
See Advertisement on Page 26

Lafayette Word Processing
1080 Carol Lane 284-2642
See Advertisement on Page 53

Cosmetics — Retail

MERLE NORMAN COSMETICS
57 Lafayette Circle 283-3220

Credit Unions

CONTRA COSTA SCHOOLS CREDIT UNION
180 Golf Club Road, Pleasant Hill 682-6650

LAFAYETTE'S
ORIGINAL FLORIST
SINCE 1954

Franco's
FLORIST

COMPARE OUR PRICES FOR
WEDDING ARRANGEMENTS

DAILY HOSPITAL DELIVERIES
RELIGIOUS ARTICLES FOR ALL DENOMINATIONS

Come in & see
our Cable Car
Cut Rate
Flower Stand

OPEN MONDAY THRU SATURDAY
9 A.M. - 5:30 P.M.
GREETING CARDS

COMPLETE
FLORAL SERVICE

LAFAYETTE
283-6187

FTD

3533 MT. DIABLO BLVD. (ACROSS FROM SAFEWAY)

Crematoriums

Hull Walnut Creek Chapel
1139 Saranap Avenue 934-5400
See Advertisement on Page 21

Data Processing Services

L & B BOOKKEEPING SERVICE
3665 Mount Diablo Boulevard 283-4663
See Advertisement on Page 41

Data Processing Time Bookkeepers

L & B BOOKKEEPING SERVICE
3665 Mount Diablo Boulevard 283-4663
See Advertisement on Page 41

Decorative Accessories

NONIE'S FOR GIFTS
3631 Mount Diablo Boulevard 284-2233
See Advertisement on Page 44

Delicatessens

SAM'S OF LAFAYETTE
3425 Mount Diablo Boulevard 283-7493
See Advertisement on Page 42

Dentists

DOUGLAS E. COWDEN, DDS
930 Dewing Avenue, #1 283-0313

ROBERT M. HERMANN, DDS
963 Dewing Avenue 284-7021

JAMES A. SORENSEN, DDS
895 Moraga Road, #2 283-0280

ALAN J. SWIMMER, DDS
907-A Moraga Road 283-0114

Department Stores

McCAULOU'S
Plaza Shopping Center
3512 Mt. Diablo Blvd. 283-3380

Dog & Cat Grooming Services

Boevers Animal Hospital, Inc.
3394 Mount Diablo Boulevard 284-4412
See Advertisement on Page 44

THE CLIP JOINT
3425 Golden Gate Way 283-1001

Dog & Cat Kennels

Boevers Animal Hospital, Inc.
3394 Mount Diablo Boulevard 284-4412
See Advertisement on Page 44

Drafting & Art Supplies

DIABLO RAPID PRINT, INC.
3511 Mount Diablo Boulevard 283-6610
See Advertisement on Page 26

Draperies — Retail

Lafayette Interiors
3622 Mount Diablo Boulevard 283-2816
See Advertisement Inside Back Cover

Engineers — Consulting

KOEPF-LANG, INC.
971 Dewing Avenue 284-4650

PETERS, VERDUGO & HULL
946 Risa Road 284-4124

SCHELL & MARTIN, ENGINEERS
3377 Mount Diablo Boulevard 283-8111

Entertainment

ANITA O'HEARN PRODUCTIONS
1446 Reliez Valley Road 944-9552

Environmental & Ecological Services

TETRA TECH, INC.
3746 Mount Diablo Boulevard 283-3771

Exercise Equipment

Mannee Medical, Inc.
3399 Mount Diablo Boulevard 284-5434
See Advertisement on Page 17

PEACOCK CONSTRUCTION, INC.
GENERAL CONTRACTOR

OFFICE • LABS • R & D • MANUFACTURING • RETAIL STORES
TENANT IMPROVEMENTS • QUALITY CABINET & FIXTURE MAKERS
• SMALL JOBS • LARGE JOBS •

Excellent Reputation for
On-Time, On-Budget Projects

3421 Golden Gate Way
P.O. Box 1818, Lafayette, CA 94549
36978 Mt. Diablo Boulevard, Lafayette

415-283-4550

Fabric Shops

COTTON PATCH
1025 Brown Avenue 284-1177

Financial Planners

CONSOLIDATED CAPITAL FOUNDATION
1900 Powell Street, Suite 1000, Emeryville 652-7171
See Advertisement Inside Front Cover

DUFFEL FINANCIAL & CONSTRUCTION
3730 Mount Diablo Boulevard 284-9600

D/A FINANCIAL GROUP
3 Altarinda Road #304, Orinda 254-7100

EQUITEC FINANCIAL GROUP
3730 Mount Diablo Boulevard 430-9900

J. PEWTHER & ASSOCIATES
251 Lafayette Circle 283-0315

Floor Coverings

CREEKSIDE INTERIORS
244 Lafayette Circle 283-1040
See Advertisement on This Page

PACIFIC COAST FLOORING & DECOR, INC.
3405 Hall Lane 284-1333
See Advertisement on Page 43

Florists

FLORAL ARTS FLORIST
3584 Mount Diablo Boulevard 284-5765

FRANCO'S FLORIST
3533 Mount Diablo Boulevard 283-6187
See Advertisement on Page 44

ORCHARD FLORIST OF LAFAYETTE
4010 Mount Diablo Boulevard 284-4474
See Advertisement on Page 4

Flower Arranging & Supplies

SUNFLOWERS AND SAGE
3416 Mount Diablo Boulevard 283-7694
See Advertisement on Page 36

creekside INTERIORS
THE DESIGN STUDIO WITH A DIFFERENCE

Sources, Accessories and Ideas
for your Individual Taste
Residential and Commercial

244 Lafayette Circle • Lafayette **283-1040**

VISA MasterCard

Flower Arranging Instruction

HARRY'S NURSERY
3295 Mount Diablo Boulevard 283-3830
See Advertisement on This Page

Foundations — Non Profit, Philanthropic, Etc.

CENTER FOR LIVING SKILLS
3483 Golden Gate Way, #205 284-4871

FUTURES EXPLORED
3455 Golden Gate Way 284-1294

Guardian Foundation, Inc.
2855 Telegraph, Berkeley 845-4396
See Advertisement on Page 15

LAFAYETTE IMPROVEMENT ASSOCIATION
P.O. Box 78 568-4800

WIDOWS' NETWORK
3708 Mount Diablo Boulevard 283-7174

Furniture Dealers — New

CREEKSIDE INTERIORS
244 Lafayette Circle 283-1040
See Advertisement on Page 45

Furniture Repairing & Refinishing

NEW LIFE FURNITURE REPAIR
907 Bell Street, No. 2 283-0444

Garbage Collection Services

Lafayette Disposal Service — Div. of Valley Disposal
P.O. Box 4007 935-8900
See Advertisement on This Page

LAFAYETTE GARBAGE SERVICE
2658 North Main Street 283-2989

Gardening

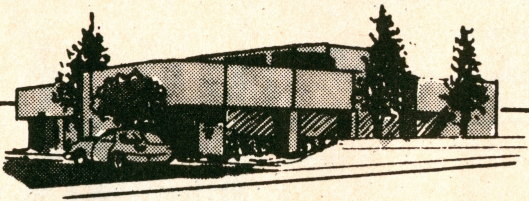
Northgate Gardening
P.O. Box 3143, Walnut Creek, 94596 680-0941
See Advertisement on This Page

HARRY'S NURSERY

A Complete Nursery For All Your Needs
Including Bonsai Materials
Open Sunday
Closed Thursday

3295 MT. DIABLO BLVD.
LAFAYETTE

PHONE
(415) 283-3830



Northgate Gardening

COMMERCIAL MAINTENANCE

APARTMENTS • OFFICES
SHOPPING CENTERS

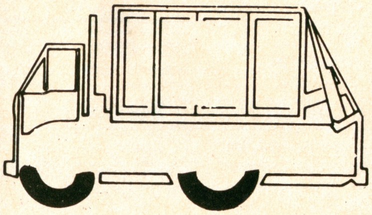
680-0941

P.O. BOX 3143 • WALNUT CREEK • 94598

Lafayette
DISPOSAL SERVICE

COMPLETE GARBAGE SERVICE THROUGHOUT LAFAYETTE

- Residential
- Commercial
- Debris Box
- Special Pick-ups



We provide weekly pickups at your home — *plus* trimmings at the curb.

Big cleanups three times a year.

Commercial service to meet your needs.

Debris Box rentals for contractors, and for those big jobs around the house.

415-283-2989
OR
415-935-8900

A Division of Valley Disposal Service, Inc.

Gift Shops

CHOCOLATE AFFAIR
55 Lafayette Circle 283-5171
See Advertisement on Page 39

THE LIGHTNING BUG
3506-A Mount Diablo Boulevard 283-6090

NONIE'S FOR GIFTS
3631 Mount Diablo Boulevard 284-2233
See Advertisement on Page 44

ORCHARD FLORIST OF LAFAYETTE
4010 Mount Diablo Boulevard 284-4474
See Advertisement on Page 4

THE SANDPIPER
3506 Mount Diablo Boulevard 283-1533

SUNFLOWERS AND SAGE
3416 Mount Diablo Boulevard 283-7694
See Advertisement on Page 36

Glass — Auto, Plate, Window, Etc.

LAFAYETTE GLASS COMPANY
3469 Mount Diablo Boulevard 284-9510

Graphic Designers

D & K GRAPHICS
3399-B Mount Diablo Boulevard 283-2307

DIMENSION 21
3622 Mount Diablo Boulevard 284-4310

Greeting Cards

NONIE'S FOR GIFTS
3631 Mount Diablo Boulevard 284-2233
See Advertisement on Page 44

Grocers — Retail

DIABLO FOODS
3615 Mount Diablo Boulevard 283-0737

LUCKY STORES, INC. (#26)
3502 Mount Diablo Boulevard 283-6960

Grocers — Retail Cont.

MONTY MARKET
3649 Mount Diablo Boulevard 283-2400

SAFEWAY STORES
3540 Mount Diablo Boulevard 283-2482

Group Counseling

GLORIA WESTON, MA
1009 Oak Hill Road, #202 376-2258
See Advertisement on This Page

Hardware — Retail

LAFAYETTE ACE HARDWARE
3483 Mount Diablo Boulevard 283-3600

Hardwood Floors

PACIFIC COAST FLOORING & DECOR, INC.
3405 Hall Lane 284-1333
See Advertisement on Page 43

Health & Diet Products — Retail

DIET CENTER OF LAFAYETTE
Lafayette 283-1055
See Advertisement on This Page

LAFAYETTE NATURAL FOODS
990 Moraga Road 284-5644

NUTRI-METRICS INTERNATIONAL
579 Europa Court, Walnut Creek 932-3554

Health Care Systems

SPORTCARE
3030 Telegraph, Berkeley 540-1646
See Advertisement on Page 15

Health Clubs

GREAT EFFECTS
3569E Mount Diablo Boulevard 283-5438

Weight No Longer

To Vitalize your Body!

It's here — the natural, no nonsense way to lose weight!

- Private Daily Counseling
- Behavior Modification
- Lifetime Maintenance
- No Contracts

The last Weight-Loss Program you'll ever need!

HOW TO WIN AT THE LOSING GAME
DIET CENTER ®

LAFAYETTE **283-1055**
ORINDA **254-2863**

Hearing Aids

LAFAYETTE HEARING CENTER
3527 Mount Diablo Boulevard 284-7665

Hospitals

Alta Bates Hospital
3001 Colby Avenue, Berkeley 540-0337
See Advertisement on Page 15

Hospitals — Convalescent

Rossmoor Manor Convalescent Hospital
1224 Rossmoor Parkway 937-7450
See Advertisement on Page 15

Ice Cream & Frozen Desserts

BASKIN-ROBBINS ICE CREAM
3590 Mount Diablo Boulevard 283-2754

DREYERS GRAND ICE CREAM — OFFICES
3468 Mount Diablo Boulevard 283-7110

SWEET CULTURE YOGURT SHOP
53 Mount Diablo Boulevard 283-0360

Individual Counseling

GLORIA WESTON, MA
1009 Oak Hill Road, #202 376-2258
See Advertisement on This Page

Insurance

BROOKS & WEAVER, INC.
3520 Golden Gate Way 284-4515

FARMERS INSURANCE AGENCY
3507-A Mount Diablo Boulevard 283-6490

SCOTTY LOUCKS INSURANCE SERVICES
3409 Mount Diablo Boulevard 283-1650

JACK PEDDER INSURANCE
261 Lafayette Circle 284-4614

Sidney G. Plummer Insurance Agency
935 Moraga Road 284-1700
See Advertisement on This Page

SPIA

SIDNEY G. PLUMMER INSURANCE AGENCY

Independent Insurance Agency serving the public since 1950

Gregory S. Plummer, C.I.C.
(415) 284-1700

935 Moraga Road
Lafayette, CA 94549

LICENSE NUMBER MK 15719

GLORIA WESTON, M.A.
MARRIAGE, FAMILY AND CHILD COUNSELOR

Individual, Couple and Group Therapy
Grief Counseling and Hypnosis

1009 Oak Hill Road, Suite 202
Lafayette, California 94549

(415) 376-2258
(415) 284-1417

Insurance Cont.

PETER TRIPP INSURANCE AGENCY
979 South Thompson Road 283-3612
See Advertisement on This Page

UREN, HARRISON, KENNEDY INSURANCE
2150 Franklin Street, #803, Oakland 893-2530

Interior Decorators & Designers

CREEKSIDE INTERIORS
244 Lafayette Circle 283-1040
See Advertisement on Page 45

Lafayette Interiors
3622 Mount Diablo Boulevard 283-2816
See Advertisement Inside Back Cover

BEVERLY MICHIE INTERIORS
3911 Leroy Way 284-5000

Wilson-Patterson Design Associates
3540 Wilkinson Lane 283-7337
See Advertisement on Page 43

Investment Securities

ARGENT INVESTMENT CORP.
3685 Mount Diablo Boulevard 284-7722

HERITAGE REAL ESTATE, INC.
3249 Mount Diablo Boulevard 935-9100
See Advertisement on Page 6

INVESTMENT FUND ASSOCIATES
3470 Mount Diablo Boulevard, #100 283-1793

DAVE W. SUTCH, ASSOCIATE
3685 Mount Diablo Boulevard 283-8991

Jewelers — Retail

EHRHARDT'S FINE JEWELRY
979 Moraga Road 283-0874

LLOYD'S JEWELRY STORE
3506-H Mount Diablo Boulevard 284-7602

E. VASQUEZ JEWELERS
3416-B Mount Diablo Boulevard 283-8566

Kitchen Cabinets & Equipment — Household

The Cabinet Gallery
1585 Botelho Road 930-7410
See Advertisement on Pages 42 & 43

Kitchen Accessories

Mother Cupboards
3579 Mt. Diablo Blvd. 283-4866
See Advertisement on Page 2

PLUS KITCHENS II
250 Lafayette Circle 283-5005

Laboratories — Research

BALES SCIENTIFIC, INC.
271-A Lafayette Circle 283-1493

Landscape Contractors

Northgate Gardening
P.O. Box 3143, Walnut Creek 94596 680-0941
See Advertisement on Page 46

CAMP & CAMP ASSOCIATES
251 Lafayette Circle, #360 284-2774

LAFAYETTE TREE & LANDSCAPE, INC.
530 Florence Drive 284-7816
See Advertisement on This Page

NEUFELD MAINTENANCE SERVICE
1289 Sunset Loop, Walnut Creek 939-0653

Lapidaries

FUMBLE FINGERS
1028 Brown Avenue 284-7406

Limousine Services

CLASS 1 LIMOUSINE
P.O. Box 1474 827-9565

GOING IN STYLE LIMOUSINE
1076 Carol Lane, #121 283-1969

LA VERE'S LIMOUSINE SERVICE
1900 Glenhaven Drive, Walnut Creek 945-0310

Linoleum Dealers

BLODGETT'S LINOLEUM
3291 Mount Diablo Court 284-4807

Liquor Stores

SAM'S OF LAFAYETTE
3425 Mount Diablo Boulevard 283-7493
See Advertisement on Page 42

Lumber — Retail

DIABLO FENCE & LUMBER COMPANY
3330 Mount Diablo Boulevard 283-3605

Make Up Salons

CLASSIC TOUCH
87-D Lafayette Circle 254-6746
See Advertisement on Page 40

Manicuring

CLASSIC TOUCH
87-D Lafayette Circle 254-6746
See Advertisement on Page 40

Manicuring Cont.

Fingers and Toes
1010 Oak Hill Road 283-4344
See Advertisement on Page 41

NAILS, ET AL
3483 Golden Gate Way, #206 284-7666

Nails Nails Nails
3422 Mount Diablo Boulevard 283-4933
See Advertisement on Page 41

The Perfect Ten
100 Lafayette Circle 283-8291
See Advertisement on Page 49

Marriage, Family & Child Counselors

SHIRLEY LUTHY
3540 South Silver Springs 283-8145

GLORIA WESTON, MA
1009 Oak Hill Road, #202 376-2258
See Advertisement on Page 47

PETER M. TRIPP DON BURDUSIS, CLU

PETER TRIPP
Insurance Agency

"since 1940"

979 SOUTH THOMPSON ROAD
LAFAYETTE, CALIFORNIA 94549

283-3612 **654-3535**

LAFAYETTE
TREE & LANDSCAPE, INC.
LANDSCAPE CONTRACTOR — LIC. # 251233

SINCE
1958

415-284-7816

RESIDENTIAL & COMMERCIAL LANDSCAPE

DESIGN • CONSTRUCTION • MAINTENANCE
Specializing in Tree Work

Heinz Raeth
Agricultural Engineer
and Forrestry Major

Thomas Raeth
B.S. Ornamental Horticulture
Cal Poly, San Luis Obispo

530 Florence Drive, Lafayette CA 94549

The Perfect Ten

a salon specializing in the beautifying and care of nails for both men and women . . .

featuring:

Nail Wraps — Tips — Manicures — Pedicures

for appointment:

415-283-8291

100 Lafayette Circle, Suite 104, Lafayette

IN LAFAYETTE

Hillside Motel

HILLSIDE MOTEL APARTMENTS

NEW TO THE AREA? LOOKING FOR A HOME?

60 ROOMS - QUIET ATMOSPHERE

LARGE APARTMENTS FULLY FURNISHED

KING & QUEEN SIZED BEDS - AIR CONDITIONED

CABLE COLOR TV - 24 HOUR DIRECT DIAL PHONES

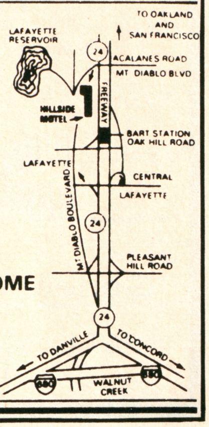
DAILY • WEEKLY SWIMMING POOL - FAMILIES WELCOME

FOR RESERVATIONS CALL

283-8200

3748 MT. DIABLO BLVD. LAFAYETTE
(West End Of Town)

CONVENIENT TO BART & GREYHOUND
MOST MAJOR CREDIT CARDS ACCEPTED
MONTHLY APT. RATES AVAIL. IN WINTER



Medical Equipment & Supplies

JA-CO DISTRIBUTORS, INC.
1010 Blackwood Lane 283-1333

Mannee Medical, Inc.
3399 Mount Diablo Boulevard 284-5434
See Advertisement on Page 17

Medical Equipment Servicing

Mannee Medical, Inc.
3399 Mount Diablo Boulevard 284-5434
See Advertisement on Page 17

Men's Clothing & Furnishings — Retail

DASKALOS BROS., INC.
Plaza Center 284-4700

Tailoring by George
3561 Mount Diablo Boulevard 283-6650

Mental Health Services

Family Therapy Institute
3738-100 Mount Diablo Boulevard 283-8710
See Advertisement on Page 14

LAMORINDA CENTER FOR THERAPY
3730 Mount Diablo Boulevard 283-5740

Mortgage Companies

OWENS MORTGAGE COMPANY
990 Moraga Road 284-5511
See Advertisement on This Page

Mortuaries

Hull Walnut Creek Chapel
1139 Saranap Avenue 934-5400
See Advertisement on Page 21

Motels

HILLSIDE MOTEL
3748 Mount Diablo Boulevard 283-8200
See Advertisement on This Page

INTRODUCING THE IRA AND KEOGH PLANS FOR PEOPLE WHO THINK

Earn 3-5% more* than with many other IRAs and KEOGHs. Your new or rollover IRA or KEOGH through Owens Mortgage Company can earn a substantially higher yield than that being offered by more traditional funds. And this higher yield can bring you thousands of dollars more at retirement.

Think about safety.
Your retirement funds are too important to risk. That's why your Owens Mortgage Company account is backed by one of the safest and most secure investments ever devised, California real estate. In addition, First Nationwide Savings will serve as trustee on your account.**

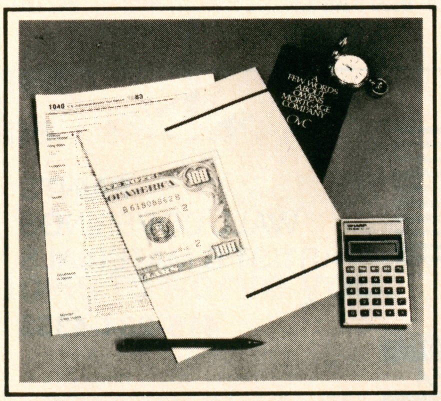
Consider investment flexibility. Your IRA or KEOGH program through Owens Mortgage Company is self-directed. This means you can elect to change your investment strategy in the future, transfer your funds to another qualified investment, and still reap the full tax benefits of your retirement account.

To open your account...
For more information, or to set up your account, just call. We'll answer any questions you might have, and will get you started earning higher yields on your valued retirement account.

OMC
OWENS MORTGAGE COMPANY
990 Moraga Road, Suite C
Lafayette, CA 94549
Available only to California residents.

415-284-5511

*Based on comparison of yields produced by Owens Mortgage Company during the past three years with the average yields produced by other IRA and KEOGH investments available through banks, savings and loan associations, or money market funds.
**Trustee subject to change.



Mufflers

GREG'S MUFFLERS
3329 Mount Diablo Boulevard 283-0323
See Advertisement on Page 55

Music — Sheet

CAMPANA'S MUSIC STORE
990 Moraga Road 284-4624

Newspapers

CONTRA COSTA SUN
3680 Mount Diablo Boulevard 284-4444

USA TODAY
985 Moraga Road, Suite 203 283-7660

Nurseries — Plants, Trees, Etc.

HARRY'S NURSERY
3295 Mount Diablo Boulevard 283-3830
See Advertisement on Page 46

NORTHGATE NURSERY
850 Northgate Road, Walnut Creek 934-4189

THE GREENHOUSE
3643-C Mount Diablo Boulevard 283-0121

ORCHARD NURSERY & FLORIST
4010 Mount Diablo Boulevard 284-4474
See Advertisement on Page 4

Nuts — Edible

HENDERSON NUT COMPANY
3477 Golden Gate Way 283-6151

Office Rooms & Services

EXECUTIVE CENTER OF LAFAYETTE
3470 Mount Diablo Boulevard, Suite 150 283-4444
See Advertisement Outside Back Cover

Opthomologists

R.W. BAKER, MD
251 Lafayette Circle 283-8502

Optometrists

Ralph Ligon, MD
958 Moraga Road 283-3821
See Advertisement on This Page

R.W. BAKER, MD
251 Lafayette Circle, Ste. 110 283-8502
See Advertisement on This Page

HERBERT MONROE, OPT.
284 Lafayette Circle 284-1500

Paint Dealers — Retail

FIESTA PAINTS
30 Lafayette Circle 284-4353
See Advertisement on This Page

HERITAGE PAINT & WALLPAPER
3653 Mount Diablo Boulevard 283-8175

Painting Contractors

Lafayette Interiors
3622 Mount Diablo Boulevard 283-2816
See Advertisement Inside Back Cover

DR. RALPH LIGON OPTOMETRIST

958 MORAGA ROAD, LAFAYETTE 415-283-3821

- Complete Eye Examination for Adults and Children
- Contact Lenses
- Glasses Fitted, Duplicated and Repaired
- Prescriptions Filled
- Sun Glasses
- Safety and Sport Eyewear

Member American Optometric Associaton

RICHARD W. BAKER, O.D.
ALVIN P. PRIDDY, O.D.
OPTOMETRY

MEMBER
American Optometric
Association

COMPLETE VISION CARE
Adults and Children

General Practice Contact Lenses

251 Lafayette Circle, #110, Lafayette City Center Building
Lafayette, CA 94549 415-283-8502

Patent Attorneys & Agents

GEORGE WASSON
3123 Indian Way 283-4420

Patio Furniture

ORCHARD FLORIST OF LAFAYETTE
4010 Mount Diablo Boulevard 284-4474
See Advertisement on Page 4

Paving & Grading

Lucas Paving & Grading
1035 Blackwood Lane 284-7550
See Advertisement on Page 2

Pet Shops

Boevers Animal Hospital, Inc.
3394 Mount Diablo Boulevard 284-4412
See Advertisement on Page 44

LAFAYETTE
PHYSICAL THERAPY

Orthopedic Physical Therapy
INCLUDING

TMJ Syndromes

Neck and Back Pain

Sports Medicine

Orthotron by Cybex

Transcutaneous Electric Nerve
Stimulation for Pain

Daphne C. Stoermer R.P.T.
Louise S. Becker R.P.T.
REGISTERED PHYSICAL
THERAPISTS

Medical or Dental Referred

415-284-7958
895 Moraga Road, #10, Lafayette

Fiesta
La Fiesta Square
Paints

PAINTS
WALL COVERINGS
ARTIST'S MATERIALS

415-284-4353

VISA

FULLER OBRIEN PAINTS

L and H
Quality Paints

30 LAFAYETTE CIRCLE
LAFAYETTE, CALIFORNIA 94549

Pharmacies

BILL'S DRUGS
3625 Mount Diablo Boulevard 933-2363

GUY'S DRUG STORE
3508-G Mount Diablo Boulevard 284-1550

Photo Finishing — Retail

IN & OUT PHOTO
3577 Mount Diablo Boulevard 283-0732

Photographers — Portrait

DON GRAY PHOTOGRAPHY
3420 Mount Diablo Boulevard 283-0335

Photographers — Wedding

WEDDING SPECIALISTS PHOTOGRAPHY
70 El Molino Drive, Clayton 672-0530

Photographic Equipment & Supplies — Retail

CONTI'S CAMERAS, INC.
3518-C Mount Diablo Boulevard 283-6377

Physical Therapists

Lafayette Physical Therapy
895 Moraga Road, #10 284-7958
See Advertisement on Page 50

Physicians/Surgeons

GEORGE E. COBB, M.D.
3501 School Street 284-5522

LAMORINDA CENTER FOR THERAPY — HAUCK, HURST, JENNY & MELNY
3730 Mount Diablo Boulevard 283-5740

Picture Framing

THE PRINT GALLERY
963-A Moraga Road 283-4668
See Advertisement on Page 36

Pizza

WESTERN PIZZA COMPANY
3637 Mount Diablo Boulevard 283-0404

Plants

HARRY'S NURSERY
3295 Mount Diablo Boulevard 283-3830
See Advertisement on Page 46

Plumbing Contractors

JOSEPH TANCREDY, INC.
3408 Mount Diablo Boulevard 284-7005

Post Offices

U.S. POSTAL SERVICE
3641 Mount Diablo Boulevard 283-8229

Posters

THE PRINT GALLERY
963-A Moraga Road 283-4668
See Advertisement on Page 36

Printers

DIABLO RAPID PRINT, INC.
3511 Mount Diablo Boulevard 283-6610
See Advertisement on Page 26

KWIK-KOPY PRINTING
3490 Mount Diablo Boulevard 284-9671

LAMORINDA PRESS & COPY
3409-C Mount Diablo Boulevard 284-9243

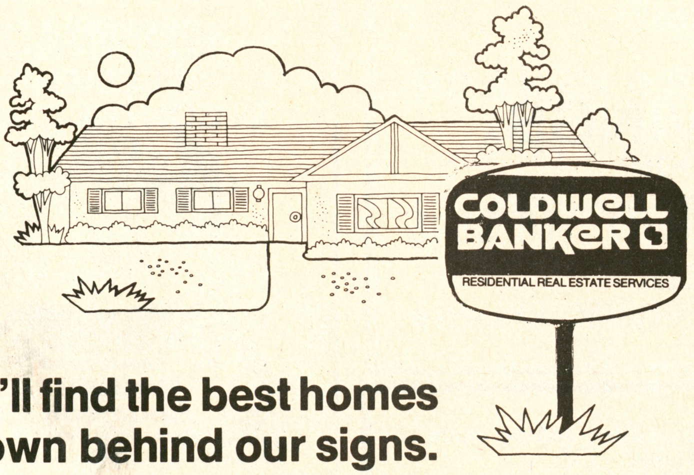
Public Speaking Instruction

THE ART OF COMMUNICATION
1005 Katherine Lane 284-1595

Public Utilities

PACIFIC GAS & ELECTRIC COMPANY
1535 Bonanza Street, Walnut Creek 933-7867

PACIFIC BELL
1020 Regio Court 645-8623



You'll find the best homes in town behind our signs.

Two Lafayette Locations to serve you:

3586 Mt. Diablo Blvd.
415-284-9610

3406 Mt. Diablo Blvd.
415-283-1600

Publishers — Directories

D.M.P. PUBLICATIONS, INC.
2242 Camden Avenue, #11, San Jose 559-4700

Radio Stations & Broadcasting Companies

KKIS-KDFM
1975 Diamond Boulevard, Concord 934-5300

KWUN RADIO
Myrtle & Holly Drive 685-1480

Real Estate

AQUARIUS REALTY
20 Simpson Drive, Walnut Creek 284-7244

C.F. BELCHER
3247 Marlene Drive 283-1900

BETTER HOMES REALTY
3701 Mount Diablo Boulevard 284-9500

JIM BOLSTAD REAL ESTATE
261 Lafayette Circle 284-2741

CALIFORNIA PACIFIC REALTY
1430 Arroyo Way, Walnut Creek 935-2440

JACK CARLSON
949 Moraga Road 283-6364

CENTURY 21 — HOSKING ASSOCIATES
1700 Ygnacio Valley Road, Walnut Creek 932-6161

COLDWELL BANKER
3406 Mount Diablo Boulevard 283-1600
3586 Mount Diablo Boulevard 284-9610
See Advertisement on This Page

FINANCIAL REAL ESTATE
3579 Mount Diablo Boulevard 283-0990

FOX & CARSKADON
1500 Cape Drive 571-5160
999 Oak Hill Road 283-7000
See Advertisement on Page 27

JOHN M. GRUBB, COMPANY
996 Moraga Road 284-9400

OLIVER D. HAMLIN, REALTOR
1043 Stuart Street, #3 283-6822

WILLIAM HART & COMPANY
3372 Mount Diablo Boulevard 283-1568

HERITAGE GALLERY OF HOMES
3249 Mount Diablo Boulevard 935-9100
See Advertisement on Page 6

WALLACE, ANDERSON, UNDERWOOD & SCHOFIELD
3799 Mount Diablo Boulevard 283-5404
See Advertisement on Page 52

RUSS WILEY REAL ESTATE
3668 Happy Valley Road 283-5757

Real Estate Developers

BEDFORD PROPERTIES
3470 Mount Diablo Boulevard 283-8262
See Advertisement on Pages 28 & 29

THE DESCO GROUP, INC.
3685 Mount Diablo Boulevard 283-8470

Equiden
3249 Mount Diablo Boulevard 945-0280
See Advertisement on Page 8

JOHNSON CLARK, INC.
6 Blackthorn Road 283-1747

THE STUART COMPANY
1007 Oak Hill Road 284-1115
See Advertisement on Page 12

Real Estate Loans

HERITAGE REAL ESTATE, INC.
3249 Mount Diablo Boulevard 935-9100
See Advertisement on Page 6

OWENS MORTGAGE COMPANY
990 Moraga Road 284-5511
See Advertisement on Page 49

Real Estate Management

LAWRENCE GELHAUS
P.O. Box 577, Valley Springs 75252 772-1426

WILLIAM N. GORDON
29 Longridge Road, Orinda 254-5854

HERITAGE REAL ESTATE, INC.
3249 Mount Diablo Boulevard 935-9100
See Advertisement on Page 6

Leo R. Rosi, CPA
346 Rheem Valley Boulevard 284-2112
See Advertisement on Page 36

Reducing & Weight Control

DIET CENTER OF LAFAYETTE & ORINDA
985 South Thompson Road 283-1055
See Advertisement on Page 47

Rental Equipment & Tools

SCOTTY RENTS, INC.
3380 Mount Diablo Boulevard 284-4595
See Advertisement on Page 44

Rentals

WALLACE, ANDERSON, UNDERWOOD & SCHOFIELD
3799 Mount Diablo Boulevard 283-5404
See Advertisement on This Page

Restaurant & Hotel Design

Wilson-Patterson Design Associates
3540 Wilkinson Lane 283-7337
See Advertisement on Page 43

Resume Services

Lafayette Word Processing
1080 Carol Lane 284-2642
See Advertisement on Page 53

Sandwiches

SAM'S OF LAFAYETTE
3425 Mount Diablo Boulevard 283-7493
See Advertisement on Page 42

Savings & Loan Associations

AMERICAN SAVINGS & LOAN
3690 Mount Diablo Boulevard 283-8930
See Advertisement on This Page

CALIFORNIA SAVINGS & LOAN
3524-A Mount Diablo Boulevard 284-9054
See Advertisement on This Page

CAPITAL FEDERAL SAVINGS
3614 Mount Diablo Boulevard 283-8206

EUREKA FEDERAL SAVINGS
3492 Mount Diablo Boulevard 283-1910

HOME SAVINGS OF AMERICA
3466 Mount Diablo Boulevard 283-4103

Scales — Manufacturing

FORCE FLOW EQUIPMENT
3467 Golden Gate Way 284-2200

Schools With Special Education — Handicapped

LAS TRAMPAS SCHOOL, INC.
3460 Lana Lane 284-1462

Schools — Preschool & Kindergarten

The Child Day Schools of Lafayette & San Ramon
1049 Stuart Street 284-7092
See Advertisement on Page 18

MERRIEWOOD CHILDREN CENTER
561 Merriewood Drive, #6 284-2121

PROFESSIONAL CHILDCARE SERVICES
1000 Upper Happy Valley Road 283-4048
See Advertisement on Page 20

Schools — Secondary & Elementary — Private

Arrowsmith Academy
1963 Tice Valley Blvd., Walnut Creek 284-5778
See Advertisement on Page 19

Schools Cont.

Diablo Valley Montessori School
3390 Deerhill Road 283-6036
See Advertisement on Page 18

Secretarial Services

THE AUTOMATED BRANCH OFFICE
935 Mountain View Drive 283-7620

EXECUTIVE CENTER OF LAFAYETTE
3470 Mount Diablo Boulevard, Suite 150 283-4444
See Advertisement Outside Back Cover

Lafayette Word Processing
1080 Carol Lane 284-2642
See Advertisement on Page 53

Services Stations — Gasoline & Oil

Ernie Everett Chevron Service
3632 Mount Diablo Boulevard 284-9869
See Advertisement on Page 53

GARY'S UNION STATION
3523 Mount Diablo Boulevard 283-3535

LE GAS
3589 Mount Diablo Boulevard 284-1115
See Advertisement on Page 12

JIM SUTTON LAFAYETTE SHELL SERVICE
3603 Mount Diablo Boulevard 283-8712

Sewing Machines

LAFAYETTE SEWING CENTER
1048 Brown Avenue 284-7920

Shoes — Shine

CLASSIC CAR WASH
3319 Mount Diablo Boulevard 283-1190
See Advertisement on Page 37

Shoes — Repairing

COCHRAN'S SHOE REPAIR
61 Lafayette Circle 283-6521

AMERICAN SAVINGS
AND LOAN ASSOCIATION
A SERVICE OF FINANCIAL CORPORATION OF AMERICA

LaFayette
3690 Mt. Diablo Blvd. two blocks
west of Happy Valley Road (415) 283-8930

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At California Savings and Loan at the Plaza Center on Mt. Diablo Blvd. adjacent to Lucky's store. I do declare manager Jill Reiner and her staff must have been schooled in how to be nice to everybody! I have never seen such buoyant pleasantness in all my days."

—Herb Joyce, The Contra Costa Sun

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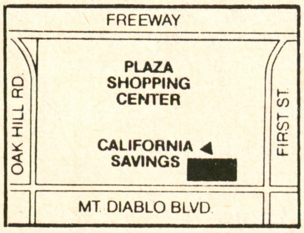

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OVER 40 YEARS

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Realtors

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San Ramon • Walnut Creek

Shoes — Retail

SHOE STABLE
3518-E Mount Diablo Boulevard 284-7500

SUTTON SHOE STORE
1500 Botelho Drive 947-0311
See Advertisement on This Page

Signs

MADUX SIGN & ADVERTISING
3423 Golden Gate Way 283-4141

Skin Care Salons

CLASSIC TOUCH
87-D Lafayette Circle 254-6746
See Advertisement on Page 40

Stationers

CONTRA COSTA STATIONERS
3643-D Mount Diablo Boulevard 283-6720

Swimming Pool & Picnic Areas

WILDWOOD ACRES RESORT
1055 Hunsaker Canyon Road 283-2600

Swimming Pool Contractors

SUNBEAM POOLS
1059 Aileen Street 283-3928

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POOL-TECH
3471 Mount Diablo Boulevard 284-1400

A VERY NICE POOL COMPANY
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Tailors — Men's

TAILORING BY GEORGE
3561 Mount Diablo Boulevard 283-6650

Tax Return Preparation Services

Leo R. Rosi, CPA
346 Rheem Valley Boulevard 284-2112
See Advertisement on Page 36

Tennis Clubs — Private

Lafayette Tennis Club
3125 Camino Diablo 933-5394
See Advertisement on Page 24

Tire Dealers & Distributers

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A Complete Computerized Secretarial Service ◆ PLUS!

Secretarial Services

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COPYING • TRANSCRIBING
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Quality Work • Fast Turnaround
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- Résumés
- Reports
- Contracts
- Newsletters
- Manuscripts
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- Financial
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- Overhead Transparencies
- Report Binding
- Graphics and Art
- Typesetting
- Pick-up and Delivery
- Federal Express/UPS
- Camera-Ready Originals
- Mailing Lists
- Labels
- Personalized Multi-Letters
- Direct Mail Programs
- Choice of Type Styles
- All work stored free in floppy disk memory for fast, inexpensive editing and updating.

Available 7 days A week!

284-2642

1080 CAROL LANE • LAFAYETTE
Conveniently Located: E-Z off, E-Z on Hwy 24 at Pleasant Hill Road South Exit
200 feet off Mt. Diablo Blvd., • Just up from corner of Classic Car Wash

LWP Lafayette Word Processing

Ernie Everett Chevron Service

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AIR CONDITIONING SERVICE

3632 Mt. Diablo Blvd.

415-283-2244

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FOR THE WHOLE FAMILY

Sutton's Shoes

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983 MORAGA ROAD

VISA
master charge

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3717 Mount Diablo Boulevard 283-2660

CITY MORTGAGE SERVICES
1393 Willow Pass Road, #100, Concord 680-0946

FIRST AMERICAN TITLE GUARANTEE COMPANY
3744 Mount Diablo Boulevard 284-9331

FOUNDERS TITLE COMPANY
3685 Mount Diablo Boulevard 283-1711
See Advertisement on This Page

PIONEER TITLE INSURANCE COMPANY
1005 Oak Hill Road 283-5100

READY MORTGAGE COMPANY
3249 Mount Diablo Boulevard 945-8335

SAFECO TITLE COMPANY
3466 Mount Diablo Boulevard 283-7880

STEWART TITLE COMPANY OF CONTRA COSTA COUNTY
3674 Mount Diablo Boulevard 283-7464

TRANSAMERICA TITLE INSURANCE COMPANY
3685 Mount Diablo Boulevard 284-7111

Trailer Hitches

GREG'S MUFFLERS
3329 Mount Diablo Boulevard 283-0323
See Advertisement on Page 55

Transmissions — Automotive

Valhalla Automotive
3453 Golden Gate Way 284-2844
See Advertisement on Page 39

Transportation

CONTRA COSTA COUNTY TRANSIT AUTHORITY
1990 North California Boulevard 930-8999

Travel Agencies

ARROW TRAVEL
3529 Mount Diablo Boulevard 284-9594

TRAVEL CENTER
3629 Mount Diablo Boulevard 284-4450

Tree Surgeons

LAFAYETTE TREE & LANDSCAPE
530 Florence Drive 284-7816
See Advertisement on Page 48

Tutoring

THE LEARNING CENTER
3402 Mount Diablo Boulevard 283-6322

Typesetting

CAMERAGRAPHICS
3445 Mount Diablo Boulevard 283-2473

EPOP PRODUCTIONS
3450 Golden Gate Way 284-2520
See Advertisement on This Page

Typing Services

Lafayette Word Processing
1080 Carol Lane 284-2642
See Advertisement on Page 53

Veterinarians

Boevers Animal Hospital, Inc.
3394 Mount Diablo Boulevard 284-4412
See Advertisement on Page 44

Video Tapes & Discs — Dealers

FUTUREVISION
999 Oak Hill Road 283-4100

Vital Sign Monitoring Equipment

Mannee Medical, Inc.
3399 Mount Diablo Boulevard 284-5434
See Advertisement on Page 17

Wallpaper & Wallcovering — Retail

FIESTA PAINTS
30 Lafayette Circle 284-4353
See Advertisement on Page 50

Lafayette Interiors
3622 Mount Diablo Boulevard 283-2816
See Advertisement Inside Back Cover

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and Complete Graphics Communication Services

Contra Costa's Premier Full-Service, One-Stop Supplier ● *"We take your concepts to completion"*

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- Reverse Video ● Manual Kerning
- DISC Storage ● Fast Copy Editing
- Digital Italicize, Condense, Expand
- Rules, Grids, Borders, Symbols
- Computer Telephone Typesetting
- All Copy Professionally Proofread
- We can typeset *anything* you need:
- Display Ads—*all Types & Sizes*
- Stationery & Business Cards
- Brochures ● Books ● Manuals
- Catalogs & Product Literature
- Newsletters & Bulletins
- Seminar & Conference Flyers
- Direct Mail Pieces & Packages
- Computer Software Manuals
- Labels ● Stickers ● Decals
- Forms ● Coupons ● Price Lists
- Signs ● Posters ● Banners
- Charts ● Graphs ● Blow-Ups
- Show Cards & Counter Cards
- Investment & Financial Graphics
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- Court Exhibits & Legal Graphics

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As graphics communication specialists we can help you develop your rough ideas into polished, effective graphics products...quickly, professionally, and economically.

We'd like to help you get your project off the ground and make it a success! Let's meet to discuss your needs. Call us or stop by! Ask for our free Type Catalog and Illustrated Brochure.

- Graphic Problem-Solvers
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- Stationery & Business Cards
- Publications & Annual Reports
- Presentation Folders
- Product Packaging
- Point-of-Purchase Displays
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- Layout & Camera-Ready Paste-up
- Custom Artwork & Illustrations
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- Photo Stats
- Color Stats
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- Outlines
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- Flat Tints
- Etch Tones
- Needlepoint
- Posterizing
- Italicizing
- PMT's & Veloxes
- Film Negatives
- Film Positives
- Halftone Negatives
- Step & Repeat
- Flops & Reverses
- Giant Enlargements
- Extreme Reductions
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- Free Type Catalog and Illustrated Brochure
- Free freshly-ground coffee served daily
- Free off-street parking in rear of building
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"Professionals Serving Professionals"

EPOP Graphic Arts Center Inc. Since 1969 **284-2520**

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Conveniently Located: E-Z off, E-Z on Hwy. 24, at Pleasant Hill Road South Exit
200 feet off Mt. Diablo Blvd. ● Just up from Corner of Classic Car Wash

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- Reweaving
- Leathers
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- Wedding Gowns
- Bed Spreads
- Down Items
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100 Lafayette Circle 284-4828
See Advertisement on Page 54

Wedding Consultants

ALICE TOLLEFSON
878 Las Trampas Road 283-7760

Welcoming Service for Newcomers

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2678 North Main Street 939-3056

COURTESY CALLS
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Wheel Alignment, Frame & Axle Service

GREG'S MUFFLERS
3329 Mount Diablo Boulevard 283-0323
See Advertisement on This Page

Window Coverings

CREEKSIDE INTERIORS
244 Lafayette Circle 283-1040
See Advertisement on Page 45

Wines — Retail

CHOCOLATE AFFAIR
55 Lafayette Circle 283-5171
See Advertisement on Page 39

Women's Wearing Apparel

GRIFFIN & COMPANY
3547 Mount Diablo Boulevard 283-1880

PAPSIE, LTD.
3518-F Mount Diablo Boulevard 283-5590

SANDY'S UNIQUE BOUTIQUE
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NADINE'S
999 Oak Hill Road 284-5400

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3420 Mount Diablo Boulevard 284-2004

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Lafayette Word Processing
1080 Carol Lane 284-2642
See Advertisement on Page 53

LAMORINDA WORD PROCESSING
P.O. Box 1847, Lafayette 284-9012

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Saturday 9–5

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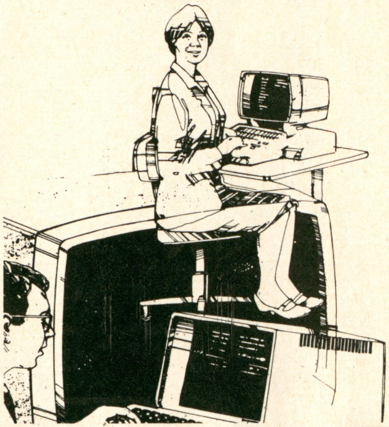

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Notes

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You want decorator furniture, but you don't want to drive to San Francisco to find it. Now you don't have to.

You need draperies that look super, hang properly and enhance your room. No problem.

You are looking for Levolors. The right color, the right size, and you want them fast. Okay.

You know you're going to wallpaper your bedroom, you know the look you want, but you don't want to go through 37 books to find it. We'll do it for you.

You decided to reupholster your favorite chair. And you want it to look as wonderful as it did ten years ago. Count on it.

You've just looked down and realized your carpeting looks quite tired. We'll get things looking bright and lush again.

You must repaint your dining room this year. Come select the color.

You found the perfect watercolor, but it needs an equally perfect frame. Just bring it in.

You want to select everything yourself. We won't intrude. You want advice. Just ask. Perhaps you want lots of help redecorating one room or five. We can do it.

We're in step with what you want. And you'll get everything you want at the Interior Network Design Stores.

We'll be seeing you.

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934-3551

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Lafayette
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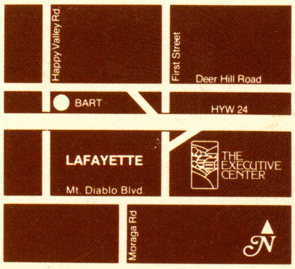
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